

Northern Suburbs Championships - 7/11/2009 to 5/12/2009**NORTHERN SUBURBS CHAMPIONSHIPS
SYDNEY OLYMPIC PARK AQUATIC CENTRE****Session Report**

Session: 1 NORTHERN SUBURBS 1

Day of Meet: 1 Starts at 05:30 PM Heat Interval: 35 Seconds / Back +15 Seconds

| Round | Event | Entries | Heats | Starts at | |
|--------------|---|----------------|--------------|------------------|-------|
| Finals | 1 Women 200 Backstroke SENIOR/OPEN | 24 | 3 | 05:30 AM | _____ |
| Finals | 2 Men 200 Backstroke SENIOR/OPEN | 18 | 2 | 05:42 AM | _____ |
| Finals | 3 Girls 10 Year Olds 50 Freestyle JUNIOR | 31 | 4 | 05:50 AM | _____ |
| Finals | 4 Boys 10 Year Olds 50 Freestyle JUNIOR | 21 | 3 | 05:55 AM | _____ |
| Finals | 5 Girls 9 & Under 50 Breaststroke JUNIOR | 38 | 4 | 05:59 AM | _____ |
| Finals | 6 Boys 9 & Under 50 Breaststroke JUNIOR | 26 | 3 | 06:06 AM | _____ |
| Finals | 7 Girls 11-12 100 Butterfly JUNIOR | 20 | 2 | 06:11 AM | _____ |
| Finals | 8 Boys 11-12 100 Butterfly JUNIOR | 12 | 2 | 06:15 AM | _____ |
| Finals | 9 Girls 13-14 100 Butterfly SENIOR/OPEN | 14 | 2 | 06:20 AM | _____ |
| Finals | 10 Boys 13-14 100 Butterfly SENIOR/OPEN | 18 | 2 | 06:24 AM | _____ |
| Finals | 11 Girls 15-16 50 Butterfly SENIOR/OPEN | 23 | 3 | 06:28 AM | _____ |
| Finals | 12 Boys 15-16 50 Butterfly SENIOR/OPEN | 17 | 2 | 06:32 AM | _____ |
| Finals | 13 Girls 9 Year Olds 50 Freestyle JUNIOR | 25 | 3 | 06:34 AM | _____ |
| Finals | 14 Boys 9 Year Olds 50 Freestyle JUNIOR | 18 | 2 | 06:38 AM | _____ |
| Finals | 15 Girls 11-12 50 Freestyle JUNIOR | 59 | 6 | 06:41 AM | _____ |
| Finals | 16 Boys 11-12 50 Freestyle JUNIOR | 34 | 4 | 06:48 AM | _____ |
| Finals | 17 Women 50 Freestyle DALE TROPHY SENIO | 35 | 4 | 06:53 AM | _____ |
| Finals | 18 Men 50 Freestyle DALE TROPHY SENIOR/O | 28 | 3 | 06:57 AM | _____ |
| Finals | 19 Girls 10 & Under 100 Breaststroke JUNIOR | 31 | 4 | 07:01 AM | _____ |
| Finals | 20 Boys 10 & Under 100 Breaststroke JUNIOR | 20 | 2 | 07:11 AM | _____ |
| Finals | 21 Women 50 Backstroke SENIOR/OPEN | 20 | 2 | 07:16 AM | _____ |
| Finals | 22 Men 50 Backstroke SENIOR/OPEN | 10 | 1 | 07:19 AM | _____ |
| Finals | 23 Girls 13-14 100 Freestyle SENIOR/OPEN | 29 | 3 | 07:21 AM | _____ |
| Finals | 24 Boys 13-14 100 Freestyle SENIOR/OPEN | 30 | 3 | 07:26 AM | _____ |
| Finals | 25 Girls 15-16 100 Butterfly SENIOR/OPEN | 9 | 1 | 07:32 AM | _____ |
| Finals | 26 Boys 15-16 100 Butterfly SENIOR/OPEN | 10 | 1 | 07:34 AM | _____ |
| Finals | 27 Women 100 Breaststroke SENIOR/OPEN | 18 | 2 | 07:36 AM | _____ |
| Finals | 28 Men 100 Breaststroke SENIOR/OPEN | 13 | 2 | 07:40 AM | _____ |
| Finals | 29 Girls 12 & Under 200 IM JUNIOR | 61 | 7 | 07:45 AM | _____ |
| Finals | 30 Boys 12 & Under 200 IM JUNIOR | 28 | 3 | 08:13 AM | _____ |
| Finals | 31 Mixed 50 Freestyle Multi-Disability SENIOR | 2 | 1 | 08:25 AM | _____ |
| Finals | 32 Women 400 Medley Relay SENIOR/OPEN | 7 | 1 | 08:27 AM | _____ |
| Finals | 33 Men 400 Medley Relay SENIOR/OPEN | 3 | 1 | 08:32 AM | _____ |
| Finals | 34 Girls 10 & Under 200 Freestyle DOUGLAS T | 15 | 2 | 08:37 AM | _____ |
| Finals | 35 Men 10 & Under 200 Freestyle BIGNELL TR | 9 | 1 | 08:45 AM | _____ |
| Finals | 36 Girls 200 Butterfly SENIOR/OPEN | 9 | 1 | 08:48 AM | _____ |
| Finals | 37 Men 200 Butterfly SENIOR/OPEN | 6 | 1 | 08:52 AM | _____ |
| Finals | 38 Girls 14 & Under 200 Freestyle Relay SENIO | 7 | 1 | 08:55 AM | _____ |
| Finals | 39 Boys 14 & Under 200 Freestyle Relay SENIO | 9 | 1 | 08:58 AM | _____ |
| Finals | 40 Girls 15-16 200 IM SENIOR/OPEN | 16 | 2 | 09:00 AM | _____ |
| Finals | 41 Boys 15-16 200 IM SENIOR/OPEN | 15 | 2 | 09:08 AM | _____ |
| Finals | 42 Girls 13-14 100 Backstroke SENIOR/OPEN | 21 | 3 | 09:15 AM | _____ |

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|--------|----|--|-------|-------|----------|-------|
| Finals | 43 | Boys 13-14 100 Backstroke SENIOR/OPEN | 21 | 3 | 09:22 AM | _____ |
| Finals | 44 | Women 500 Freestyle MARKS TROPHY Rel | 5 | 1 | 09:29 AM | _____ |
| Finals | 45 | Men 500 Freestyle FITZGERALD Relay SEN | 5 | 1 | 09:34 AM | _____ |
| | | Swimmer Count for Warm-ups: 351 | ===== | ===== | | |
| | | Entry / Heat Totals: | 890 | 107 | | |
| | | Finish Time | | | 09:39 AM | _____ |