



Tuggeranong Vikings Swim Club

ANNUAL QUALIFYING MEET

Saturday and Sunday

22-23 May 2010

AIS Pool Hall

Leverrier Crescent, Bruce, ACT 2617

(25 metre even depth heated indoor pool with full electronic timing)

Conditions of Entry

1. Meet approved by Swimming ACT Inc. and will be conducted under Swimming NSW Inc. Rules.
2. Age as at **22 May 2010**.
3. All events are timed finals.
4. **Eligibility** - registered member of a registered club who meets the qualifying time.
5. **Awards:** Medals for 1st, 2nd and 3rd swimmer in each event. Where dual age events occur, medals for both age groups, i.e. 11/12 events, medals for 11 years and 12 years.
* For events 3 & 4, 37 & 38 and 47 & 48, separate medals 10 & U and 11/12 (combined age group).
** For events 15 & 16, 35 & 36, 63 & 64 and 87 & 88, separate medals 12 & U and 13 & O.
6. # QT based on a swimmers 400 Free time.
Depending on entries, Events 31/32 and 33/34 may be combined. Competitors will be required to provide at least one timekeeper each for these events. Please nominate with entries.
7. Starting over the top at the Meet Director's discretion.
8. The slowest male and female heats of an individual event may be combined.
9. Lanes will be allocated to Clubs for timekeeping. The Meet Director reserves the right to change the program and conditions as necessary.
10. Normal AIS Entry fee will apply. Please Note that it is a requirement of the AIS that **swim caps MUST be worn** in the pool.

Entries to: Meet Director, PO Box 1827, Tuggeranong, ACT, 2901. Entry Fee: \$4.50 for each individual event. Electronic entries preferred. Postal Entries on NSWSA multiple entry cards or similar, accompanied by a summary sheet and cheque payable to Tuggeranong Vikings Swim Club.

Entries close **Monday, 10th May 2010**. For Electronic Entries please contact raceseecretary@vikingsswim.org for entry file or check TVSC website (www.vikingsswim.org) closer to the event. **No late entries accepted.**

Enquiries to Rod Hore on (02) 6294 1423 (a.h.) or raceseecretary@vikingsswim.org.

Updated details, electronic entry file and results will be available at TVSC's Web Site www.vikinasswim.org.



PROGRAM OF EVENTS

Saturday 22 May

Warm Up: 11.00 am Start: 12.00 pm

Event No.		Age		Event		QT	
M	W					M	W
1	2	12 & O	400	Freestyle		5.30	5.30
3	4	12 & U.	200	IM *		3.37	3.37
5	6	13/14	50	Backstroke		0.39	0.40
7	8	15 & O.	100	Backstroke		1.20	1.28
9	10	11/12	50	Breaststroke		0.52	0.51
11	12	10 & U	50	Backstroke		0.48	0.48
13	14	13/14	100	Butterfly		1.26	1.28
15	16	Open	200	Breaststroke**		^	^
17	18	11/12	50	Butterfly		0.44	0.44
19	20	10 & U.	100	Freestyle		1.29	1.30
21	22	13/14	50	Freestyle		0.34	0.36
23	24	15 & O.	50	Butterfly		0.35	0.39
25	26	11/12	100	Backstroke		1.38	1.38
27	28	10 & U	50	Breaststroke		0.56	0.56
29	30	15 & O.	200	IM		2.50	3.06
31	32	12 & O.	800	Freestyle #		5.30	5.30
33	34	12 & O.	1500	Freestyle #		5.30	5.30

Sunday 23 May

Warm Up: 8.00 am Start: 9.00 am

Event No.		Age		Event		QT	
M	W						
35	36	Open	200	Freestyle **		^	^
37	38	12 & U.	100	IM*		1.42	1.49
39	40	15 & O.	50	Freestyle		0.32	0.35
41	42	11/12	50	Backstroke		0.45	0.45
43	44	13/14	200	IM		3.03	3.09
45	46	15 & O.	100	Butterfly		1.18	1.26
47	48	12 & U.	100	Butterfly *		1.46	1.48
49	50	13 & O	100	IM		1.29	1.30
51	52	10 & U	50	Freestyle		0.41	0.41
53	54	13/14	100	Backstroke		1.26	1.29
55	56	15 & O.	100	Breaststroke		1.32	1.40
57	58	11/12	100	Freestyle		1.25	1.25
59	60	10 & U.	100	Backstroke		1.43	1.44
61	62	13/14	100	Breaststroke		1.39	1.43
63	64	Open	200	Butterfly**		^	^
65	66	12 & O.	400	IM		6.16	6.40
67	68	15 & O.	50	Backstroke		0.36	0.40
69	70	10 & U.	100	Breaststroke		2.00	2.00
71	72	13/14	100	Freestyle		1.15	1.18
73	74	11/12	100	Breaststroke		1.53	1.51
75	76	10 & U	50	Butterfly		0.47	0.47
77	78	15 & O.	100	Freestyle		1.09	1.17
79	80	13/14	50	Breaststroke		0.45	0.47
81	82	11/12	50	Freestyle		0.38	0.38
83	84	15 & O.	50	Breaststroke		0.42	0.45
85	86	13/14	50	Butterfly		0.39	0.40
87	88	Open	200	Backstroke**		^	^

^ Open 200 Qualifying Times

Mens

Womens

	12/U	13/O	12/U	13/O
Freestyle	3.06	2.45	3.06	2.47
Butterfly	3.36	3.13	3.37	3.14
Breaststroke	4.08	3.32	4.03	3.42
Backstroke	3.34	3.09	3.34	3.10