

WILLOUGHBY SWIM CLUB INC.



2005/2006 SUMMER CLUB PROGRAM

14-10-2005	21-10-2005	28-10-2005	04-11-2005	11-11-2005
50 FREESTYLE 100/200 FREE CHOICE 50 FORM CHOICE COLOUR RELAY CLUB BARBECUE REGISTRATIONS FOR 2006 SWIMMING YEAR DUE	NO CLUB WILLOUGHBY/ KNOX PYMBLE CARNIVAL , 23 RD OCTOBER - SOPAC	50 FREESTYLE 100/200 FREE CHOICE 50 FORM CHOICE COLOUR RELAY	50 FREESTYLE 100/200 FREE CHOICE 50 FORM STROKE COLOUR RELAY CLUB BARBECUE	NO CLUB MEMBERS ARE TO ATTEND NORTHERN SUBURBS ON 12 TH & 13 TH NOVEMBER.
18-11-2005	25-11-2005	02-12-2005	09-12-2005	16-12-2005
50 FREESTYLE 100/200 FREE CHOICE 50 FORM CHOICE COLOUR RELAY 20/11/2005 Gosford 1/3/5 km Ocean swim	50 FREESTYLE 100/200 FREE CHOICE 50 FORM STROKE COLOUR RELAY Pacific School Games 26-4 Melbourne CLUB BARBECUE 27/11/2005 State Distance Champs – Wedding Cake Island	NO CLUB Members to attend Northern Suburbs Championships WILLOUGHBY ON DUTY. Volunteers Needed. Northern Suburbs 3. 3/12/05- SOPAC 4/12/2005 – Bondi To Bronte Swim	50 FREESTYLE 100/200 FREE CHOICE 50 FORM CHOICE COLOUR RELAY CLUB BARBECUE Bunnings BBQ 10/12/2005	NO CLUB 16-18/12/2005 NSW OPEN CHAMPIONSHIPS SOPAC.
SCHOOL HOLIDAYS 8-9 th January, 2006 - 9-12 Yrs State Championships 8 th January, 2006 – The Roughwater 2 km swim - Bondi 10-14 th January, 2006 – 13-18 Years State Championships 15 th January, 2006 NSW Open Water Championships 5 km 16 th January, 2006 NSW Open Water Championships 10 km. 30-4 Commonwealth Games Trials 4-5 th March, 2006 NSW Metropolitan Championships Speedo Sprint Heats 18-19 th February, 2006				
20-01-2006	10-02-2006	17-02-2006	24-02-2006	03-03-2006
50 FREESTYLE 100/200 FREE CHOICE 50 BUTTERFLY COLOUR RELAY 22/01/2006 Warriewood – Mona Vale Swim 1.6 km, 29/01/2006 – Palm Beach to Whale Beach swim 2.5 km 5/02/2006 Cole Classic 2km Manly Beach	50 FREESTYLE 100/200FREE CHOICE 50 BACKSTROKE COLOUR RELAY 12/02/2006 – North Bondi Swim . 2km.	NO CLUB 18/02/2006 SPEEDO SPRINT SERIES SOPAC 4 PM.	50 FREESTYLE 100/200FREE CHOICE 50 BREASTSTROKE COLOUR RELAY 26/02/2006 North Steyne swim 2 km. Manly.	NO CLUB 4-5 March, Metropolitan Championships SOPAC. 05/03/2006 Sydney Harbour Classic swim 1.6 km. Man o'War Steps
10-03-2006	17-03-2006	24-03-2006	31-03-2006	07-04-2006
NO CLUB IGSSA at SOPAC CAS AT SOPAC 12/03/2006 Speedo Sprint Finals SOPAC	50 FREESTYLE 100/200 FREE CHOICE 50 BUTTERFLY COLOUR RELAY 19/03/2006 Balmoral Swim 1 km 19/03/2006 Shark Island Swim 2.3km Cronulla	NO CLUB	50 FREESTYLE 100/200 FREE CHOICE 50 BACKSTROKE COLOUR RELAY	LAST SUMMER CLUB NIGHT. LET'S PARTY SCHOOL HOLIDAYS Winter club commences 05/05/2006