



**NATIONAL AGE QUALIFYING MEET**  
**SOPAC 16<sup>th</sup> MARCH, 2008**  
**8:00AM WARM UP, 9:00 AM START**

BOY	GIRL	AGE	DISTANCE	STROKE	BOY	GIRL	AGE	DISTANCE	STROKE
1	2	12-18	400	Freestyle	43	44	12-18	400	Individual Medley
3	4	12-13	100	Backstroke	45	46	12-13	50	Freestyle
5	6	14	100	Backstroke	47	48	14	50	Freestyle
7	8	15	100	Backstroke	49	50	15	50	Freestyle
9	10	16	100	Backstroke	51	52	16	50	Freestyle
11	12	17	100	Backstroke	53	54	17	50	Freestyle
13	14	18	100	Backstroke	55	56	18	50	Freestyle
15	16	12-14	200	Individual Medley	57	58	15	100	Butterfly
17	18	15-18	200	Individual Medley	59	60	16	100	Butterfly
19	20	12-13	100	Breaststroke	61	62	12-14	200	Butterfly
21	22	14	100	Breaststroke	63	64	17	100	Butterfly
23	24	15-18	200	Backstroke	65	66	18	100	Butterfly
25	26	12-14	200	Backstroke	67	68	15	100	Freestyle
27	28	15	100	Breaststroke	69	70	14	100	Freestyle
29	30	16	100	Breaststroke	71	72	15-18	200	Butterfly
31	32	17	100	Breaststroke	73	74	12-14	200	Breaststroke
33	34	18	100	Breaststroke	75	76	15-18	200	Breaststroke
35	36	12-13	100	Butterfly	77	78	12-13	100	Freestyle
37	38	14	100	Butterfly	79	80	16	100	Freestyle
39	40	15-18	200	Freestyle	81	82	17	100	Freestyle
41	42	12-14	200	Freestyle	83	84	18	100	Freestyle
85	86	Open	4x50	Freestyle Relay					

- Meet conducted** under the Rules of Swimming NSW Ltd. One Start Rule applies. All events are timed finals.
- Entries close** Monday, 3<sup>rd</sup> March, 2008. No late or telephone entries accepted. Race entry fee is \$5.00 per entry. Cheques payable to Northern Suburbs Swimming Association Inc.
- Age** as at 16<sup>th</sup> March, 2008.
- Prize money will be awarded to overall winners of each event. Cash prizes will be \$15.00 for 1<sup>st</sup>, \$10.00 for 2<sup>nd</sup> and \$5.00 for 3<sup>rd</sup>.**
- Entries** are to be submitted on multi cards only with summary sheets  
To:  
Northern Suburbs Swimming Association.  
4A Westminster Road,  
GLADESVILLE. NSW. 2111  
**E-entries** will be accepted.  
Email [kerry.oloughlin@ozemail.com.au](mailto:kerry.oloughlin@ozemail.com.au) for Meet Manager and/or Team Manager events files.
- There will be a short lunch break after Event 42.**
- The Meet Director** reserves the right to alter the program and conditions as necessary. A cap on event entries may be imposed at discretion of Meet Director.
- All inquiries** to Kerry O'Loughlin (02) 9817-0965, Mobile: 0418 653861  
**PLEASE NOTE THAT AN OPEN 4x50 FREESTYLE RELAY TIME TRIAL EVENT HAS BEEN ADDED TO THE PROGRAM FOR THOSE CLUBS WHO ARE JUST OFF THE QUALIFYING TIME. THIS RELAY WILL OCCUR DURING THE LUNCH BREAK. ENTRY FEE \$10.00. Event Numbers 85(M) and 86(W).**