



Swimming ACT 'A Meet' hosted by:



Ginninderra Swim Club

Winter Short Course Carnival

25 – 26 June 2011

AIS Pool Hall – 25 metre even depth heated indoor pool

Leverrier Street, Bruce ACT 2617

FULL ELECTRONIC TIMING



Opportunity to qualify for: NSW Country and NSW Age Short Course

We recommend Belconnen Premier Inn for all your accommodation needs. Rates and bookings can be made through the link on the Ginninderra website at www.ginninderramarlins.org.au

Saturday 25 June

Warm up 10.00am | Start 11.00am

Sunday 26 June

Warm up 8.30am | Start 9.30am

M	W	Event	QT	M	W	Event	QT
1	2	15 & Over 400 Freestyle	5:40.00	47	48	12 & Over 400 IM	6:24.00
3	4	14 & Under 400 Freestyle	5:45.00	49	50	8 & Under 50 Backstroke	54.00
5	6	9/10 50 Backstroke	48.00	51	52	10 & Under 100 Butterfly	1:47.00
7	8	11/12 50 Backstroke	45.50	53	54	11/12 100 Butterfly	1:37.50
9	10	13/14 50 Backstroke	39.00	55	56	13/14 100 Butterfly	1:27.00
11	12	15 & Over 50 Backstroke	39.00	57	58	15 & Over 100 Butterfly	1:25.00
13	14	11/12 100 Breaststroke	1:49.00	59	60	8 & Under 50 Freestyle	46:00
15	16	13/14 100 Breaststroke	1:41.00	61	62	10 & Under 100 Freestyle	1:29.00
17	18	15 & Over 100 Breaststroke	1:38.50	63	64	11/12 100 Freestyle	1:23.00
19	20	10 & Under 100 Breaststroke	1:59.00	65	66	13/14 100 Freestyle	1:16.00
21	22	Open 200 Butterfly	3:07.00	67	68	15 & Over 100 Freestyle	1:15.00
23	24	9/10 50 Freestyle	40.50	69	70	8 & Under 50 Butterfly	54.00
25	26	11/12 50 Freestyle	37.50	71	72	Open 200 Backstroke	3:05.50
27	28	13/14 50 Freestyle	35.50	73	74	Open 100 IM	1:42.00
29	30	15 & Over 50 Freestyle	34.50	75	76	10 & Under 100 Backstroke	1:42.50
31	32	12 & Under 200 IM	3:13.00	77	78	11/12 100 Backstroke	1:35.50
33	34	13 & Over 200 IM	3:06.50	79	80	13/14 100 Backstroke	1:26.50
35	36	11/12 50 Butterfly	43.50	81	82	15 & Over 100 Backstroke	1:26.50
37	38	13/14 50 Butterfly	39.00	83	84	8 & Under 50 Breaststroke	1:00:00
39	40	15 & Over 50 Butterfly	38.50	85	86	11/12 50 Breaststroke	53.00
41	42	9/10 50 Butterfly	45.00	87	88	13/14 50 Breaststroke	46.00
43	44	Open 200 Breaststroke	3:32.50	89	90	15 & Over 50 Breaststroke	44.50
45		Mixed 13&O 800 Freestyle*	11:18.00	91	92	9/10 50 Breaststroke	55.00
46		Mixed 13&O 1500 Freestyle*	20:36.00	93	94	Open 200 Freestyle	2:44.00

Conditions of entry:

*Please BYO timekeepers (3) and a person to turn the lap counters

- Age as at 25 June 2011
- Entries Close:** Paper entries by Monday 6 June 2011, electronic by Friday 10 June 2011.
- Entry Fee \$5.00 per event** (Electronic file with summary sheet) emailed to Race Secretary, Tracy Stewart raceseecretary@ginninderramarlins.org.au. Entry cards NOT required if entries submitted electronically. **Paper Entries** (on Swimming NSW multiple entry cards or similar with summary sheet) mailed to Race Secretary, Ginninderra Swimming Club Inc, PO Box 5083 Lyneham ACT 2602. Payment to accompany entries – Preferred method of payment via direct debit - bank details to be obtained from the treasurer@ginninderramarlins.org.au, alternatively one cheque per club please.
- Late Entries: Late nominations will be accepted** up to ½ hour before the start of the first session each day, subject to availability and time permitting. Late entry fee of \$15.00 per event. There will be no time trials.
- Eligibility – registered member of a registered club who meets the qualifying time. Conversion constants can be used according to the Schedule of Constants on the Swimming ACT website - <http://www.swimmingact.com.au/>
- Medals for 1st, 2nd & 3rd placegetters in each event. In dual age groups e.g.: 9/10, medals for each age group. '12&O', '13&O', '15&O'; '14&U', '12&U', '10&U'; '8 & U' and 'Open' events only attract one set of medals.
- Events 45 & 46 – medals for 1st, 2nd & 3rd male placegetter and 1st, 2nd & 3rd female placegetter for both events.
- Participation ribbons will be handed out to all 8&U swimmers.
- Meet approved by Swimming ACT Inc and will be conducted in accordance with the rules of Swimming NSW.
- The Meet Director, Lachlan Dibden (treetopsact@bigpond.com.au or mobile 0407 573 008), reserves the right to alter the program.
- Starting over the top at the Meet Director's discretion.
- Normal AIS Pool entry will apply. **NOTE:** It is a requirement of the AIS that caps must be worn at all times whilst in the pool.