

NSW QUALIFYING MEET
SYDNEY OLYMPIC PARK AQUATIC CENTRE
15 - 16 OCTOBER 2011

Day One				
Saturday 15 October 9.00AM				
1	M	All Age	200m	Butterfly
2	F	All Age	200m	Butterfly
3	M	All Age	50m	Freestyle
4	F	All Age	50m	Freestyle
5	M	11-13 Years	800m	Freestyle
6	F	All Age	800m	Freestyle
7	M	All Age	50m	Butterfly
8	F	All Age	50m	Butterfly
9	M	All Age	400m	Freestyle
10	F	All Age	400m	Freestyle
11	M	All Age	100m	Backstroke
12	F	All Age	100m	Backstroke
13	M	All Age	400m	Individual Medley
14	F	All Age	400m	Individual Medley
15	M	All Age	200m	Freestyle
16	F	All Age	200m	Freestyle

Day Two				
Sunday 16 October 9.00AM				
17	M	All Age	200m	Breaststroke
18	F	All Age	200m	Breaststroke
19	M	All Age	50m	Backstroke
20	F	All Age	50m	Backstroke
21	M	All Age	200m	Individual Medley
22	F	All Age	200m	Individual Medley
23	M	All Age	100m	Freestyle
24	F	All Age	100m	Freestyle
25	M	All Age	200m	Backstroke
26	F	All Age	200m	Backstroke
29	M	All Age	50m	Breaststroke
30	F	All Age	50m	Breaststroke
31	M	All Age	100m	Butterfly
32	F	All Age	100m	Butterfly
15	M	All Age	100m	Breaststroke
16	F	All Age	100m	Breaststroke
33	M	All Age	1500m	Freestyle

AGE AS AT 15 OCTOBER, 2011
ENTRIES OPEN 14 SEPTEMBER, 2011
ENTRIES CLOSE 5 OCTOBER, 2011*
ENTRY FEE \$8.00 PER INDIVIDUAL EVENT (GST INCLUSIVE)

- Entries will open on 14th September at 9am.
- Entries for Day One and Day Two will be accepted separately.
- Entries will close at which point the entry limit is reached for each day or the closing date (whichever occurs first).
- **ONCE THE ENTRY LIMIT FOR EACH DAY IS REACHED, ENTRIES WILL BE CLOSED AND NO FURTHER ENTRIES WILL BE TAKEN.**
- Following the close of entries the event listing for each day will be separated into three sessions.





**NSW QUALIFYING MEET
 SYDNEY OLYMPIC PARK AQUATIC CENTRE
 15 - 16 OCTOBER 2011**

Qualifying Times – Men & Boys

		10 & Under	11 years	12 Years	13 Years	14 years	15 years	16 years	17 & Over
Freestyle	50	00:36.00	00:34.00	00:32.00	00:30.00	00:29.00	00:28.00	00:27.00	00:26.50
	100	01:20.00	01:14.00	01:11.00	01:06.00	01:03.50	01:00.50	00:59.50	00:58.50
	200	02:38.00	02:38.00	02:28.00	02:20.00	02:16.00	02:11.00	02:09.00	02:07.00
	400	04:58.00	04:58.00	04:58.00	04:50.00	04:43.00	04:35.00	04:30.00	04:26.00
	800		10:45.00	10:40.00	10:28.00				
	1500				19:15.00	18:45.00	18:25.00	17:50.00	17:25.00
Backstroke	50	00:42.00	00:41.50	00:38.00	00:36.50	00:34.50	00:33.00	00:32.00	00:31.50
	100	01:29.00	01:26.00	01:20.00	01:16.50	01:14.50	01:13.00	01:10.00	01:08.00
	200	02:58.00	02:58.00	02:50.00	02:42.00	02:37.50	02:34.50	02:33.00	02:31.00
Breaststroke	50	00:49.00	00:47.00	00:44.00	00:40.50	00:39.00	00:38.00	00:37.00	00:36.50
	100	01:45.00	01:39.00	01:35.50	01:29.00	01:26.00	01:23.00	01:20.00	01:19.00
	200	03:26.00	03:26.00	03:15.00	03:02.00	02:57.50	02:54.00	02:52.00	02:50.00
Butterfly	50	00:42.00	00:39.00	00:35.50	00:33.50	00:31.50	00:30.00	00:29.00	00:28.00
	100	01:36.00	01:28.00	01:23.00	01:16.00	01:13.00	01:09.00	01:05.00	01:02.00
	200	03:07.00	03:07.00	02:58.00	02:50.00	02:45.00	02:40.00	02:33.00	02:30.00
Individual Medley	200	03:10.00	03:00.00	02:52.00	02:42.00	02:39.00	02:35.00	02:30.00	02:25.00
	400			05:45.00	05:45.00	05:25.00	05:15.00	05:10.00	05:02.50

AGE AS AT 15 OCTOBER, 2011

ENTRIES OPEN 14 SEPTEMBER, 2011

ENTRIES CLOSE 5 OCTOBER, 2011*

ENTRY FEE \$8.00 PER INDIVIDUAL EVENT (GST INCLUSIVE)



**NSW QUALIFYING MEET
 SYDNEY OLYMPIC PARK AQUATIC CENTRE
 15 - 16 OCTOBER 2011**

Qualifying Times – Women & Girls

		10 & Under	11 years	12 Years	13 Years	14 years	15 years	16 years	17 & Over
Freestyle	50	00:36.00	00:34.00	00:32.50	00:31.00	00:30.00	00:29.50	00:29.00	00:29.00
	100	01:20.00	01:14.00	01:10.00	01:08.00	01:07.00	01:06.00	01:05.00	01:05.00
	200	02:38.00	02:38.00	02:28.00	02:24.00	02:20.00	02:19.50	02:19.00	02:19.00
	400	05:12.00	05:12.00	05:12.00	05:04.00	05:00.00	04:55.00	04:52.00	04:52.00
	800		10:25.00	10:25.00	10:20.00	10:15.00	10:10.00	10:05.00	10:00.00
	1500								
Backstroke	50	00:43.00	00:41.50	00:39.00	00:38.00	00:37.00	00:36.00	00:35.50	00:35.50
	100	01:29.00	01:26.00	01:22.00	01:20.00	01:18.00	01:17.00	01:16.50	01:16.50
	200	03:00.00	03:00.00	02:53.00	02:45.00	02:43.00	02:42.00	02:41.00	02:40.00
Breaststroke	50	00:49.00	00:47.00	00:45.00	00:43.00	00:42.00	00:41.00	00:40.00	00:39.00
	100	01:41.00	01:38.00	01:33.00	01:30.00	01:29.00	01:28.50	01:28.00	01:28.00
	200	03:25.00	03:25.00	03:15.00	03:10.00	03:08.00	03:07.00	03:07.00	03:07.00
Butterfly	50	00:42.00	00:39.00	00:36.00	00:34.50	00:33.50	00:32.50	00:32.00	00:31.50
	100	01:36.00	01:29.00	01:22.00	01:18.50	01:17.00	01:16.00	01:15.00	01:14.00
	200	03:07.50	03:07.50	03:02.50	02:54.00	02:49.00	02:48.00	02:46.00	02:45.00
Individual Medley	200	03:10.00	03:00.00	02:55.00	02:50.00	02:47.00	02:44.00	02:42.00	02:40.00
	400			06:00.00	05:55.00	05:50.00	05:46.00	05:42.00	05:40.00

AGE AS AT 15 OCTOBER, 2011

ENTRIES OPEN 14 SEPTEMBER, 2011

ENTRIES CLOSE 5 OCTOBER, 2011*

ENTRY FEE \$8.00 PER INDIVIDUAL EVENT (GST INCLUSIVE)

NSW GRAND PRIX

SYDNEY OLYMPIC PARK AQUATIC CENTRE

10 – 11 DECEMBER, 2011

Saturday 10 December, 2011				
Day One HEATS 9:00am				
1	M	Open	200m	Freestyle
2	W	Open	200m	Freestyle
3	M	Open	400m	Individual Medley
4	W	Open	400m	Individual Medley
5	M	Open	200m	Backstroke
6	W	Open	200m	Backstroke
101	M	12/U	100m	Breaststroke
102	W	12/U	100m	Breaststroke
103	M	13/14	100m	Freestyle
104	W	13/14	100m	Freestyle
7	M	Open	200m	Butterfly
8	W	Open	200m	Butterfly
9	M	Open	50m	Freestyle
10	W	Open	50m	Freestyle
105	M	12/U	100m	Freestyle
106	W	12/U	100m	Freestyle
107	M	13/14	100m	Breaststroke
108	W	13/14	100m	Breaststroke
11	M	Open	100m	Breaststroke
12	W	Open	100m	Breaststroke
13*	M	Open	1500m	Freestyle
109	M	14/U	200m	Individual Medley
110	W	14/U	200m	Individual Medley

Saturday 10 December, 2011				
Day One FINALS 5:30pm				
1	M	Open	200m	Freestyle
2	W	Open	200m	Freestyle
111	M	12/U	50m	Backstroke
112	W	12/U	50m	Backstroke
113	M	13/14	50m	Butterfly
114	W	13/14	50m	Butterfly
3	M	Open	400m	Individual Medley
4	W	Open	400m	Individual Medley
5	M	Open	200m	Backstroke
6	W	Open	200m	Backstroke
115	M	12/U	50m	Butterfly
116	W	12/U	50m	Butterfly
117	M	13/14	50m	Backstroke
118	W	13/14	50m	Backstroke
7	M	Open	200m	Butterfly
8	W	Open	200m	Butterfly
9	M	Open	50m	Freestyle
10	W	Open	50m	Freestyle
11	M	Open	100m	Breaststroke
12	W	Open	100m	Breaststroke

Sunday 11 December, 2011				
Day Two HEATS 9:00am				
14	M	Open	200m	Individual Medley
15	W	Open	200m	Individual Medley
16	M	Open	400m	Freestyle
17	W	Open	400m	Freestyle
18	M	Open	200m	Breaststroke
19	W	Open	200m	Breaststroke
20	M	Open	100m	Freestyle
21	W	Open	100m	Freestyle
119	M	12/U	100m	Backstroke
120	W	12/U	100m	Backstroke
121	M	13/14	100m	Butterfly
122	W	13/14	100m	Butterfly
22	M	Open	100m	Backstroke
23	W	Open	100m	Backstroke
24	M	Open	100m	Butterfly
25	W	Open	100m	Butterfly
26*	W	Open	800m	Freestyle
123	M	12/U	100m	Butterfly
124	W	12/U	100m	Butterfly
125	M	13/14	100m	Backstroke
126	W	13/14	100m	Backstroke

Sunday 11 December, 2011				
Day Two FINALS 5:30pm				
14	M	Open	200m	Individual Medley
15	W	Open	200m	Individual Medley
16	M	Open	400m	Freestyle
17	W	Open	400m	Freestyle
127	M	12/U	50m	Backstroke
128	W	12/U	50m	Backstroke
129	M	13/14	50m	Freestyle
130	W	13/14	50m	Freestyle
18	M	Open	200m	Breaststroke
19	W	Open	200m	Breaststroke
20	M	Open	100m	Freestyle
21	W	Open	100m	Freestyle
131	M	12/U	50m	Freestyle
132	W	12/U	50m	Freestyle
133	M	13/14	50m	Backstroke
134	W	13/14	50m	Backstroke
22	M	Open	100m	Backstroke
23	W	Open	100m	Backstroke
24	M	Open	100m	Butterfly
25	W	Open	100m	Butterfly

AGE AS AT 10 DECEMBER, 2011

MANUAL ENTRIES CLOSE 5PM 28 NOVEMBER, 2011

ONLINE ENTRIES CLOSE 3PM 30 NOVEMBER, 2011

ENTRY FEE \$8.00 PER INDIVIDUAL EVENT (GST INCLUSIVE)

- A & B Finals will be offered in Events 1-12 and 14-25
- Events 13, 26, 101 – 133 will be swum as Timed Finals
- Age Group swimmers may qualify for Event 13 & 26 using 400m times
- Event 26 will be swum as a Mixed event open to Females who have met the qualifying criteria and Males aged between 11 and 13 years that have met the qualifying criteria.

Qualifying Times – Men & Boys

		12/Under	13/14 Years	Open
Freestyle	50	00:33.00	00:29.00	00:26.50
	100	01:11.50	01:03.00	00:57.00
	200			02:04.00
	400			04:22.50
Backstroke	50	00:38.00	00:35.00	
	100	01:23.00	01:13.00	01:05.00
	200			02:20.00
Breaststroke	50	00:43.00	00:39.50	
	100	01:36.00	01:24.00	01:13.20
	200			02:37.00
Butterfly	50	00:36.00	00:32.50	
	100	01:22.00	01:11.00	01:02.00
	200			02:16.00
Individual Medley	200	02:42.00	02:35.00	02:22.00
	400			04:57.00

		800 Freestyle	1500 Freestyle
Boys	12-13 Years	4:52.00*	
Boys	14/ Under		4:40.00*
Boys	15 Years		4:37.00*
Boys	16 Years		4:34.20*
Boys	17/18 Years		4:28.00*
Boys	Open		17:08.00

Qualifying Times – Women & Girls

		12/Under	13/14 Years	Open
Freestyle	50	00:33.00	00:30.50	00:29.00
	100	01:11.50	01:06.00	01:04.00
	200			02:16.00
	400			04:46.00
Backstroke	50	00:38.00	00:36.50	
	100	01:23.00	01:16.00	01:13.00
	200			02:38.00
Breaststroke	50	00:43.50	00:41.50	
	100	01:36.00	01:27.00	01:23.80
	200			02:54.50
Butterfly	50	00:36.00	00:34.00	
	100	01:22.00	01:14.50	01:10.60
	200			02:35.80
Individual Medley	200	02:42.00	02:42.00	02:36.00
	400			05:25.00

		800 Freestyle
Girls	13 Years	5:03.00*
Girls	14 Years	4:57.00*
Girls	15 Years	4:55.00*
Girls	16 Years	4:52.00*
Girls	17/18 Years	4:49.00*
Girls	Open	09:40.00

AGE AS AT 10 DECEMBER, 2011

MANUAL ENTRIES CLOSE 5PM 28 NOVEMBER, 2011

ONLINE ENTRIES CLOSE 3PM 30 NOVEMBER, 2011

ENTRY FEE \$8.00 PER INDIVIDUAL EVENT (GST INCLUSIVE)



**NSW STATE
10 YEARS & UNDER - 12 YEARS AGE CHAMPIONSHIPS
SYDNEY OLYMPIC PARK AQUATIC CENTRE
7 - 8 JANUARY 2012**

Session One: Saturday 7 January 9.00AM					Session Two: Saturday 7 January NOT BEFORE 1.00PM				
B	G				B	G			
1	2	12 Years/Under	400m	Freestyle	23	24	12 Years	100m	Freestyle
3	4	10 Years/Under	100m	Backstroke	25	26	10 Years/Under	4x50m	Club Medley Relay
5	6	11 Years	200m	Individual Medley	27	28	11 Years/Under	200m	Freestyle
7	8	12 Years	100m	Breaststroke	29	30	12 Years	200m	Individual Medley
9	10	10 Years/Under	200m	Individual Medley	31	32	10 Years/Under	100m	Butterfly
11	12	11 Years	100m	Freestyle	33	34	11 Years	100m	Breaststroke
13	14	12 Years	200m	Backstroke	35	36	12 Years	50m	Freestyle
15	16	11 Years/Under	200m	Breaststroke	37	38	11 Years/Under	200m	Butterfly
17	18	12 Years	100m	Butterfly	39	40	12 Years	200m	Breaststroke
19	20	11 Years	50m	Freestyle	41	42	12 Years/Under	4x50m	Club Freestyle Relay
21	22	10 Years/Under	4x50m	Club Freestyle Relay					
Session Three: Sunday 8 January 9.00AM									
B	G								
43	44	10 Years/Under	50m	Freestyle					
45	46	12 Years	200m	Freestyle					
47	48	11 Years	100m	Butterfly					
49	50	10 Years/Under	100m	Breaststroke					
51	52	12 Years/Under	4 x 50m	Club Medley Relay					
53	54	11 Years	100m	Backstroke					
55	56	10 Years/Under	100m	Freestyle					
57	58	12 Years	100m	Backstroke					
59	60	11 Years/Under	200m	Backstroke					
61	62	12 Years	200m	Butterfly					
63		12 Years/Under	10x50m	Fred Lane Club Freestyle Relay					
	64	12 Years/Under	10x50m	Fanny Durack Club Freestyle Relay					

AGE AS AT 7 JANUARY 2012

MANUAL ENTRIES CLOSE 5PM MONDAY 12 DECEMBER 2011

ONLINE ENTRIES CLOSE 3PM WEDNESDAY 14 DECEMBER 2011

ENTRY FEE \$13.00 PER INDIVIDUAL EVENT, \$26 PER RELAY EVENT (GST INCLUSIVE)

- In Club relays a maximum of one (1) swimmer from a younger age group may participate.
- A swimmer may only appear in one (1) relay team list for that event.
- A club may enter no more than two (2) teams per relay event.
- Where a club enters two (2) teams both teams may score points provided the qualifying time has been met.
- No qualifying times are applicable to Events 63 and 64.
- A Club may enter one team ONLY in Events 63 and 64.



**NSW STATE
10 YEARS & UNDER - 12 YEARS AGE CHAMPIONSHIPS
SYDNEY OLYMPIC PARK AQUATIC CENTRE
7 - 8 JANUARY 2012**

Qualifying Times - Boys

	12yrs	11yrs	11yrs/Under	10yrs/Under
Freestyle				
50m	0:31.50	0:33.00		0:34.50
100m	1:07.00	1:11.00		1:15.00
200m	2:26.00		2:33.50	
400m	12yrs/Under 4:59.00			
Backstroke				
100m	1:18.50	1:22.00		1:26.50
200m	2:49.00		2:56.00	
Breaststroke				
100m	1:29.50	1:36.00		1:40.00
200m	3:12.00		3:24.00	
Butterfly				
100m	1:17.00	1:22.00		1:30.00
200m	2:56.00		3:05.00	
Individual Medley				
200m	2:47.50	2:56.50		3:06.00
Club Relays				
4x50m Freestyle	12yrs/Under 2:15.00			10yrs/Under 2:30.00
4x50m Medley	12yrs/Under 2:34.00			10yrs/Under 2:52.00
Fred Lane 10x50m Freestyle	12yrs /Under No QT			

AGE AS AT 7 JANUARY 2012

MANUAL ENTRIES CLOSE 5PM MONDAY 12 DECEMBER 2011

ONLINE ENTRIES CLOSE 3PM WEDNESDAY 14 DECEMBER 2011

ENTRY FEE \$13.00 PER INDIVIDUAL EVENT, \$26 PER RELAY EVENT (GST INCLUSIVE)





**NSW STATE
10 YEARS & UNDER - 12 YEARS AGE CHAMPIONSHIPS
SYDNEY OLYMPIC PARK AQUATIC CENTRE
7 - 8 JANUARY 2012**

Qualifying Times - Girls

	12yrs	11yrs	11yrs/Under	10yrs/Under
Freestyle				
50m	0:32.00	0:33.00		0:35.00
100m	1:07.50	1:11.50		1:16.00
200m	2:28.00		2:35.00	
400m	12yrs/Under 5:10.00			
Backstroke				
100m	1:18.00	1:22.00		1:27.50
200m	2:50.00		2:58.00	
Breaststroke				
100m	1:29.50	1:36.00		1:40.80
200m	3:14.50		3:25.00	
Butterfly				
100m	1:18.00	1:22.00		1:31.00
200m	3:00.00		3:06.10	
Individual Medley				
200m	2:49.00	2:56.50		3:07.00
Club Relays				
4x50m Freestyle	12yrs/Under 2:16.50			10yrs/Under 2:30.00
4x50m Medley	12yrs/Under 2:35.00			10yrs/Under 2:55.00
Fanny Durack 10x50m Freestyle	12yrs /Under No QT			

AGE AS AT 7 JANUARY 2012

MANUAL ENTRIES CLOSE 5PM MONDAY 12 DECEMBER 2011

ONLINE ENTRIES CLOSE 3PM WEDNESDAY 14 DECEMBER 2011

ENTRY FEE \$13.00 PER INDIVIDUAL EVENT, \$26 PER RELAY EVENT (GST INCLUSIVE)





**NSW STATE 13 – 18 YEARS AGE CHAMPIONSHIPS
SYDNEY OLYMPIC PARK AQUATIC CENTRE
10 - 15 JANUARY 2012**

Day One HEATS Tuesday 10 January 9.00 AM				
Event No.	Age Group		Distance	Stroke
1	16 Years	G	200m	Butterfly
2	16 Years	B	200m	Butterfly
3	17/18 Years	G	50m	Freestyle
4	17/18 Years	B	50m	Freestyle
*5	15 Years	G	800m	Freestyle (Timed Finals)
6	14 Years	G	200m	Individual Medley
7	14 Years	B	200m	Individual Medley
8	13 Years	G	200m	Freestyle
9	13 Years	B	200m	Freestyle
10	16 Years	G	100m	Freestyle
11	16 Years	B	100m	Freestyle
12	17/18 Years	G	100m	Breaststroke
13	17/18 Years	B	100m	Breaststroke
14	15 Years	G	200m	Backstroke
15	15 Years	B	200m	Backstroke
16	14 Years	G	100m	Butterfly
17	14 Years	B	100m	Butterfly
18	13 Years	G	200m	Breaststroke
19	13 Years	B	200m	Breaststroke
20	17/18 Years	G	400m	Freestyle
21	17/18 Years	B	400m	Freestyle
*22	15 Years	B	1500m	Freestyle (Timed Finals)

Day One FINALS Tuesday 10 January 6.00 PM				
Event No.	Age Group		Distance	Stroke
1	16 Years	G	200m	Butterfly
2	16 Years	B	200m	Butterfly
3	17/18 Years	G	50m	Freestyle
4	17/18 Years	B	50m	Freestyle
*5	15 Years	G	800m	Freestyle (Timed Finals)
6	14 Years	G	200m	Individual Medley
7	14 Years	B	200m	Individual Medley
8	13 Years	G	200m	Freestyle
9	13 Years	B	200m	Freestyle
10	16 Years	G	100m	Freestyle
11	16 Years	B	100m	Freestyle
12	17/18 Years	G	100m	Breaststroke
13	17/18 Years	B	100m	Breaststroke
14	15 Years	G	200m	Backstroke
15	15 Years	B	200m	Backstroke
16	14 Years	G	100m	Butterfly
17	14 Years	B	100m	Butterfly
18	13 Years	G	200m	Breaststroke
19	13 Years	B	200m	Breaststroke
20	17/18 Years	G	400m	Freestyle
21	17/18 Years	B	400m	Freestyle
*22	15 Years	B	1500m	Freestyle (Timed Finals)
23	13 - 16 Years	G	4 x 100m	Club Medley Relay
24	13 - 16 Years	B	4 x 100m	Club Medley Relay

NOTE: Club Relays & Distance Events (800m & 1500m Freestyle) are Timed Finals.
Where * is indicated the fastest heat will be swum in the Finals Session.



**NSW STATE 13 – 18 YEARS AGE CHAMPIONSHIPS
 SYDNEY OLYMPIC PARK AQUATIC CENTRE
 10 - 15 JANUARY 2012**

Day Two HEATS Wednesday 11 January 9.00 AM				
Event No.	Age Group		Distance	Stroke
25	16 Years	G	400m	Freestyle
26	16 Years	B	400m	Freestyle
27	15 Years	G	100m	Freestyle
28	15 Years	B	100m	Freestyle
29	14 Years	G	200m	Backstroke
30	14 Years	B	200m	Backstroke
31	13 Years	G	200m	Individual Medley
32	13 Years	B	200m	Individual Medley
33	17/18 Years	G	100m	Backstroke
34	17/18 Years	B	100m	Backstroke
35	16 Years	G	50m	Freestyle
36	16 Years	B	50m	Freestyle
37	15 Years	G	200m	Butterfly
38	15 Years	B	200m	Butterfly
*39	14 Years	B	1500m	Freestyle (Timed Finals)
40	13 Years	G	100m	Butterfly
41	13 Years	B	100m	Butterfly
42	17/18 Years	G	400m	Individual Medley
43	17/18 Years	B	400m	Individual Medley
44	16 Years	G	100m	Breaststroke
45	16 Years	B	100m	Breaststroke
*46	14 Years	G	800m	Freestyle (Timed Finals)

Day Two FINALS Wednesday 11 January 6.00 PM				
Event No.	Age Group		Distance	Stroke
25	16 Years	G	400m	Freestyle
26	16 Years	B	400m	Freestyle
27	15 Years	G	100m	Freestyle
28	15 Years	B	100m	Freestyle
29	14 Years	G	200m	Backstroke
30	14 Years	B	200m	Backstroke
31	13 Years	G	200m	Individual Medley
32	13 Years	B	200m	Individual Medley
33	17/18 Years	G	100m	Backstroke
34	17/18 Years	B	100m	Backstroke
35	16 Years	G	50m	Freestyle
36	16 Years	B	50m	Freestyle
37	15 Years	G	200m	Butterfly
38	15 Years	B	200m	Butterfly
*39	14 Years	B	1500m	Freestyle (Timed Finals)
40	13 Years	G	100m	Butterfly
41	13 Years	B	100m	Butterfly
42	17/18 Years	G	400m	Individual Medley
43	17/18 Years	B	400m	Individual Medley
44	16 Years	G	100m	Breaststroke
45	16 Years	B	100m	Breaststroke
*46	14 Years	G	800m	Freestyle (Timed Finals)
47	13 - 14 Years	G	4 x 50m	Club Freestyle Relay
48	13 - 14 Years	B	4 x 50m	Club Freestyle Relay
49	13 - 18 Years	G	4 x 100m	Club Freestyle Relay
50	13 - 18 Years	B	4 x 100m	Club Freestyle Relay

NOTE: Club Relays & Distance Events (800m & 1500m Freestyle) are Timed Finals.
 Where * is indicated the fastest heat will be swum in the Finals Session.



**NSW STATE 13 – 18 YEARS AGE CHAMPIONSHIPS
SYDNEY OLYMPIC PARK AQUATIC CENTRE
10 – 15 JANUARY 2012**

Day Three HEATS Thursday 12 January 9.00 AM				
Event No.	Age Group		Distance	Stroke
51	15 Years	G	100m	Breaststroke
52	15 Years	B	100m	Breaststroke
53	14 Years	G	200m	Butterfly
54	14 Years	B	200m	Butterfly
*55	13 Years	G	800m	Freestyle (Timed Finals)
56	17/18 Years	G	200m	Freestyle
57	17/18 Years	B	200m	Freestyle
58	16 Years	G	100m	Backstroke
59	16 Years	B	100m	Backstroke
60	15 Years	G	400m	Freestyle
61	15 Years	B	400m	Freestyle
62	14 Years	G	100m	Freestyle
63	14 Years	B	100m	Freestyle
64	13 Years	G	200m	Backstroke
65	13 Years	B	200m	Backstroke
66	17/18 Years	G	200m	Breaststroke
67	17/18 Years	B	200m	Breaststroke
68	16 Years	G	400m	Individual Medley
69	16 Years	B	400m	Individual Medley
70	15 Years	G	50m	Freestyle
71	15 Years	B	50m	Freestyle
*72	13 Years	B	800m	Freestyle (Timed Finals)

Day Three FINALS Thursday 12 January 6.00 PM				
Event No.	Age Group		Distance	Stroke
51	15 Years	G	100m	Breaststroke
52	15 Years	B	100m	Breaststroke
53	14 Years	G	200m	Butterfly
54	14 Years	B	200m	Butterfly
*55	13 Years	G	800m	Freestyle (Timed Finals)
56	17/18 Years	G	200m	Freestyle
57	17/18 Years	B	200m	Freestyle
58	16 Years	G	100m	Backstroke
59	16 Years	B	100m	Backstroke
60	15 Years	G	400m	Freestyle
61	15 Years	B	400m	Freestyle
62	14 Years	G	100m	Freestyle
63	14 Years	B	100m	Freestyle
64	13 Years	G	200m	Backstroke
65	13 Years	B	200m	Backstroke
66	17/18 Years	G	200m	Breaststroke
67	17/18 Years	B	200m	Breaststroke
68	16 Years	G	400m	Individual Medley
69	16 Years	B	400m	Individual Medley
70	15 Years	G	50m	Freestyle
71	15 Years	B	50m	Freestyle
*72	13 Years	B	800m	Freestyle (Timed Finals)
73	13 - 14 Years	G	4 x 50m	Club Medley Relay
74	13 - 14 Years	B	4 x 50m	Club Medley Relay
75	13 - 16 Years	G	4 x 100m	Club Freestyle Relay
76	13 - 16 Years	B	4 x 100m	Club Freestyle Relay

NOTE: Club Relays & Distance Events (800m & 1500m Freestyle) are Timed Finals.
Where * is indicated the fastest heat will be swum in the Finals Session.



**NSW STATE 13 – 18 YEARS AGE CHAMPIONSHIPS
 SYDNEY OLYMPIC PARK AQUATIC CENTRE
 10 - 15 JANUARY 2012**

Day Four HEATS Friday 13 January 9.00 AM				
Event No.	Age Group		Distance	Stroke
77	17/18 Years	G	100m	Butterfly
78	17/18 Years	B	100m	Butterfly
79	16 Years	G	200m	Freestyle
80	16 Years	B	200m	Freestyle
81	14 Years	G	50m	Freestyle
82	14 Years	B	50m	Freestyle
83	15 Years	G	100m	Backstroke
84	15 Years	B	100m	Backstroke
85	13 Years	G	200m	Butterfly
86	13 Years	B	200m	Butterfly
87	17/18 Years	G	200m	Individual Medley
88	17/18 Years	B	200m	Individual Medley
89	14 Years	G	400m	Freestyle
90	14 Years	B	400m	Freestyle
91	16 Years	G	200m	Breaststroke
92	16 Years	B	200m	Breaststroke
93	15 Years	G	400m	Individual Medley
94	15 Years	B	400m	Individual Medley
95	13 Years	G	100m	Freestyle
96	13 Years	B	100m	Freestyle
97	14 Years	G	100m	Breaststroke
98	14 Years	B	100m	Breaststroke

Day Four FINALS Friday 13 January 6.00 PM				
Event No.	Age Group		Distance	Stroke
77	17/18 Years	G	100m	Butterfly
78	17/18 Years	B	100m	Butterfly
79	16 Years	G	200m	Freestyle
80	16 Years	B	200m	Freestyle
81	14 Years	G	50m	Freestyle
82	14 Years	B	50m	Freestyle
83	15 Years	G	100m	Backstroke
84	15 Years	B	100m	Backstroke
85	13 Years	G	200m	Butterfly
86	13 Years	B	200m	Butterfly
87	17/18 Years	G	200m	Individual Medley
88	17/18 Years	B	200m	Individual Medley
89	14 Years	G	400m	Freestyle
90	14 Years	B	400m	Freestyle
91	16 Years	G	200m	Breaststroke
92	16 Years	B	200m	Breaststroke
93	15 Years	G	400m	Individual Medley
94	15 Years	B	400m	Individual Medley
95	13 Years	G	100m	Freestyle
96	13 Years	B	100m	Freestyle
97	14 Years	G	100m	Breaststroke
98	14 Years	B	100m	Breaststroke
99	13 - 18 Years	G	4 x 200m	Club Freestyle Relay
100	13 - 18 Years	B	4 x 200m	Club Freestyle Relay

NOTE: Club Relays & Distance Events (800m & 1500m Freestyle) are Timed Finals.
 Where * is indicated the fastest heat will be swum in the Finals Session.



**NSW STATE 13 – 18 YEARS AGE CHAMPIONSHIPS
 SYDNEY OLYMPIC PARK AQUATIC CENTRE
 10 - 15 JANUARY 2012**

Day Five HEATS Saturday 14 January 9.00 AM				
Event No.	Age Group		Distance	Stroke
101	17/18 Years	G	200m	Backstroke
102	17/18 Years	B	200m	Backstroke
103	13 Years	G	400m	Freestyle
104	13 Years	B	400m	Freestyle
105	14 Years	G	100m	Backstroke
106	14 Years	B	100m	Backstroke
107	15 Years	G	200m	Freestyle
108	15 Years	B	200m	Freestyle
109	16 Years	G	100m	Butterfly
110	16 Years	B	100m	Butterfly
*111	17/18 Years	B	1500m	Freestyle (Timed Finals)
112	13 Years	G	50m	Freestyle
113	13 Years	B	50m	Freestyle
114	14 Years	G	400m	Individual Medley
115	14 Years	B	400m	Individual Medley
116	15 Years	G	200m	Breaststroke
117	15 Years	B	200m	Breaststroke
118	16 Years	G	200m	Individual Medley
119	16 Years	B	200m	Individual Medley
120	13 Years	G	100m	Breaststroke
121	13 Years	B	100m	Breaststroke
*122	17/18 Years	G	800m	Freestyle (Timed Finals)

Day Five FINALS Saturday 14 January 6.00 PM				
Event No.	Age Group		Distance	Stroke
101	17/18 Years	G	200m	Backstroke
102	17/18 Years	B	200m	Backstroke
103	13 Years	G	400m	Freestyle
104	13 Years	B	400m	Freestyle
105	14 Years	G	100m	Backstroke
106	14 Years	B	100m	Backstroke
107	15 Years	G	200m	Freestyle
108	15 Years	B	200m	Freestyle
109	16 Years	G	100m	Butterfly
110	16 Years	B	100m	Butterfly
*111	17/18 Years	B	1500m	Freestyle (Timed Finals)
112	13 Years	G	50m	Freestyle
113	13 Years	B	50m	Freestyle
114	14 Years	G	400m	Individual Medley
115	14 Years	B	400m	Individual Medley
116	15 Years	G	200m	Breaststroke
117	15 Years	B	200m	Breaststroke
118	16 Years	G	200m	Individual Medley
119	16 Years	B	200m	Individual Medley
120	13 Years	G	100m	Breaststroke
121	13 Years	B	100m	Breaststroke
*122	17/18 Years	G	800m	Freestyle (Timed Finals)

NOTE: Club Relays & Distance Events (800m & 1500m Freestyle) are Timed Finals.
 Where * is indicated the fastest heat will be swum in the Finals Session.



**NSW STATE 13 – 18 YEARS AGE CHAMPIONSHIPS
 SYDNEY OLYMPIC PARK AQUATIC CENTRE
 10 - 15 JANUARY 2012**

Day Six HEATS Sunday 15 January 9.00 AM				
Event No.	Age Group		Distance	Stroke
123	17/18 Years	G	200m	Butterfly
124	17/18 Years	B	200m	Butterfly
*125	16 Years	G	800m	Freestyle (Timed Finals)
126	15 Years	G	200m	Individual Medley
127	15 Years	B	200m	Individual Medley
128	14 Years	G	200m	Freestyle
129	14 Years	B	200m	Freestyle
130	13 Years	G	100m	Backstroke
131	13 Years	B	100m	Backstroke
132	17/18 Years	G	100m	Freestyle
133	17/18 Years	B	100m	Freestyle
134	16 Years	G	200m	Backstroke
135	16 Years	B	200m	Backstroke
136	15 Years	G	100m	Butterfly
137	15 Years	B	100m	Butterfly
138	14 Years	G	200m	Breaststroke
139	14 Years	B	200m	Breaststroke
140	13 Years	G	400m	Individual Medley
141	13 Years	B	400m	Individual Medley
*142	16 Years	B	1500m	Freestyle (Timed Finals)

Day Six FINALS Sunday 15 January 6.00 PM				
Event No.	Age Group		Distance	Stroke
123	17/18 Years	G	200m	Butterfly
124	17/18 Years	B	200m	Butterfly
*125	16 Years	G	800m	Freestyle (Timed Finals)
126	15 Years	G	200m	Individual Medley
127	15 Years	B	200m	Individual Medley
128	14 Years	G	200m	Freestyle
129	14 Years	B	200m	Freestyle
130	13 Years	G	100m	Backstroke
131	13 Years	B	100m	Backstroke
132	17/18 Years	G	100m	Freestyle
133	17/18 Years	B	100m	Freestyle
134	16 Years	G	200m	Backstroke
135	16 Years	B	200m	Backstroke
136	15 Years	G	100m	Butterfly
137	15 Years	B	100m	Butterfly
138	14 Years	G	200m	Breaststroke
139	14 Years	B	200m	Breaststroke
140	13 Years	G	400m	Individual Medley
141	13 Years	B	400m	Individual Medley
*142	16 Years	B	1500m	Freestyle (Timed Finals)
143	13 - 18 Years	G	4 x 100m	Club Medley Relay
144	13 - 18 Years	B	4 x 100m	Club Medley Relay
145	Open	G	10 x 50m	Club Freestyle Relay
146	Open	B	10 x 50m	Club Freestyle Relay

NOTE: Club Relays & Distance Events (800m & 1500m Freestyle) are Timed Finals.
 Where * is indicated the fastest heat will be swum in the Finals Session.



**NSW STATE 13 - 18 YEARS AGE CHAMPIONSHIPS
SYDNEY OLYMPIC PARK AQUATIC CENTRE
10 - 15 JANUARY 2012**

Qualifying Times - Boys

	17/18yrs	16yrs	15yrs	14yrs	13yrs
Freestyle					
50m	0:26.00	0:26.50	0:27.30	0:27.80	0:29.00
100m	0:56.50	0:57.50	0:59.00	1:00.00	1:03.00
200m	2:04.00	2:07.00	2:10.00	2:12.00	2:18.00
400m	4:28.00	4:34.20	4:37.00	4:40.00	4:52.00
800m					10:10.00
1500m	17:20.00	17:40.00	18:15.00	18:30.00	
Backstroke					
100m	1:06.00	1:07.50	1:08.00	1:10.00	1:13.00
200m	2:28.00	2:31.00	2:32.00	2:33.00	2:41.00
Breaststroke					
100m	1:18.50	1:18.50	1:19.00	1:19.00	1:24.00
200m	2:47.50	2:51.50	2:52.50	2:56.00	3:01.50
Butterfly					
100m	1:02.00	1:04.50	1:05.50	1:07.00	1:10.50
200m	2:24.00	2:28.00	2:31.00	2:36.50	2:43.00
Individual Medley					
200m	2:25.00	2:25.00	2:28.00	2:30.00	2:37.00
400m	5:03.00	5:05.00	5:15.00	5:23.00	5:30.00
Club Relays	13 – 18 Years		13 – 16 Years		13 – 14 Years
4x50m Freestyle	-		-		2:00.00
4x50m Medley	-		-		2:15.00
4x100m Freestyle	3:54.00		4:00.00		-
4x100m Medley	4:19.00		4:23.00		-
4x200m Freestyle	8:24.00		-		-
10x50m Freestyle	Open Event No Qualifying Time				

AGE AS AT 7 JANUARY 2012

MANUAL ENTRIES CLOSE 5PM MONDAY 12 DECEMBER 2011

ONLINE ENTRIES CLOSE 3PM WEDNESDAY 14 DECEMBER 2011

ENTRY FEE \$13.00 PER INDIVIDUAL EVENT \$26.00 PER RELAY EVENT (GST INCLUSIVE)

- A swimmer may only appear in one (1) relay team list for that event.
- A club may enter no more than two (2) teams per relay event.
- Where a club enters two (2) teams both teams may score points provided the qualifying time has been met.
- No qualifying times are applicable to Events 145 and 146.
- A Club may enter one team ONLY in Events 145 and 146.



**NSW STATE 13 - 18 YEARS AGE CHAMPIONSHIPS
 SYDNEY OLYMPIC PARK AQUATIC CENTRE
 10 - 15 JANUARY 2012**

Qualifying Times - Girls

	17/18yrs	16yrs	15yrs	14yrs	13yrs
Freestyle					
50m	0:30.10	0:30.10	0:30.00	0:30.00	0:30.50
100m	1:04.50	1:04.50	1:04.50	1:04.50	1:06.00
200m	2:19.00	2:19.00	2:19.00	2:19.00	2:22.50
400m	4:49.00	4:52.00	4:54.00	4:57.00	5:03.00
800m	9:56.00	9:58.00	9:58.00	10:06.00	10:10.00
Backstroke					
100m	1:14.50	1:14.50	1:14.50	1:14.50	1:15.00
200m	2:41.00	2:41.00	2:42.00	2:42.50	2:44.00
Breaststroke					
100m	1:25.00	1:25.50	1:26.00	1:26.00	1:27.00
200m	3:04.30	3:06.00	3:06.50	3:08.00	3:10.00
Butterfly					
100m	1:11.00	1:12.00	1:12.00	1:12.00	1:14.50
200m	2:41.00	2:44.50	2:45.00	2:47.50	2:51.00
Individual Medley					
200m	2:38.50	2:40.00	2:40.00	2:40.00	2:43.50
400m	5:30.50	5:31.00	5:33.00	5:40.00	5:40.00
Club Relays	13 – 18 Years		13 – 16 Years		13 – 14 Years
4x50m Freestyle	-		-		2:08.00
4x50m Medley	-		-		2:22.00
4x100m Freestyle	4:20.00		4:25.00		-
4x100m Medley	4:48.00		4:50.00		-
4x200m Freestyle	9:10.00		-		-
10x50m Freestyle	Open Event No Qualifying Time				

AGE AS AT 7 JANUARY 2012

MANUAL ENTRIES CLOSE 5PM MONDAY 12 DECEMBER 2011

ONLINE ENTRIES CLOSE 3PM WEDNESDAY 14 DECEMBER 2011

ENTRY FEE \$13.00 PER INDIVIDUAL EVENT \$26.00 PER RELAY EVENT (GST INCLUSIVE)

- A swimmer may only appear in one (1) relay team list for that event.
- A club may enter no more than two (2) teams per relay event.
- Where a club enters two (2) teams both teams may score points provided the qualifying time has been met.
- No qualifying times are applicable to Events 145 and 146.
- A Club may enter one team ONLY in Events 145 and 146.

NSW Country Regional Meets

TBC, TBC, TBC

21 - 22 January 2012

ELIGIBILITY TO SWIM

Open to all affiliated members of NSW Country Clubs. Any swimmer who has won a medal in any State Championship (Country, State Age or State Open) in either Summer or Winter from the 1st February 2010 may enter but they are **INELIGIBLE TO RECEIVE A MEDAL in that stroke/s in the All Age Events at the Regional Meets**. Indication by these medallists at the time of entry is requested.

Members of NSW Metropolitan Clubs are able to enter these meets; however they will be classed as visitors and will be ineligible to receive a medal in any event.

Day One Saturday 21 January 2012				
Session One 10.00AM				
1	M	All Age	200m	Freestyle
2	W	All Age	200m	Freestyle
3	M	All Age	200m	Breaststroke
4	W	All Age	200m	Breaststroke
5	M/W	MC	100m	Freestyle
6	M	All Age	100m	Backstroke
7	W	All Age	100m	Backstroke
8	M	All Age	50m	Butterfly
9	W	All Age	50m	Butterfly
10	M	All Age	800m	Freestyle
11	W	All Age	800m	Freestyle
12	M	All Age	1500m	Freestyle
13	W	All Age	1500m	Freestyle
14	M	All Age	200m	Individual Medley
15	W	All Age	200m	Individual Medley
16	M/W	MC	50m	Butterfly
17	M	All Age	100m	Freestyle
18	W	All Age	100m	Freestyle

Day Two Sunday 22 January 2012				
Session Two 9.00AM				
19	M	All Age	50m	Breaststroke
20	W	All Age	50m	Breaststroke
21	M/W	MC	50m	Freestyle
22	M	All Age	100m	Butterfly
23	W	All Age	100m	Butterfly
24	M	All Age	400m	Freestyle
25	W	All Age	400m	Freestyle
26	M	All Age	50m	Backstroke
27	W	All Age	50m	Backstroke
28	M/W	MC	50m	Backstroke
29	M	All Age	100m	Breaststroke
30	W	All Age	100m	Breaststroke
31	M	All Age	200m	Butterfly
32	W	All Age	200m	Butterfly
33	M	All Age	50m	Freestyle
34	W	All Age	50m	Freestyle
35	M/W	MC	50m	Breaststroke
36	M	All Age	200m	Backstroke
37	W	All Age	200m	Backstroke

AGE AS AT 21 JANUARY 2012

MANUAL ENTRIES CLOSE 5PM MONDAY 9 JANUARY, 2012

ONLINE ENTRIES CLOSE 3PM WEDNESDAY 11 JANUARY, 2012

ENTRY FEE \$6.50 PER INDIVIDUAL EVENT (GST INCLUSIVE)

NOTE: All events will be swum as timed finals. The all age events will be swum with all age groups combined with the slowest heat first. Following the completion of each all age event, medals will be awarded to the first 3 place-getters in each of the following age groups: 9 years and under, 10 years, 11 years, 12 years, 13 years, 14 years and 15 years and over. For events 10-13, medals will be awarded to the first 3 place-getters in the following age groups: 14 & Under & 15 & Over, Medals will be awarded to the first 3 place getters in the MC events.

NSW Country Regional Meets

TBC, TBC, TBC

21 - 22 January 2012

No entry qualifying times are applicable except for the events listed in the table below. 800m & 1500m Freestyle entry times must be times achieved in a 400m Freestyle Event.

Qualifying Times	Male	Female
All Age 200m Freestyle	2:40.00	2:50.00
All Age 400m Freestyle	5:30.00	5:50.00
All Age 800m Freestyle	Use 400m QT for these events	
All Age 1500m Freestyle		
All Age 200m Backstroke	3:00.00	3:10.00
All Age 200m Breaststroke	3:20.00	3:35.00
All Age 200m Butterfly	3:00.00	3:10.00

AGE AS AT 21 JANUARY 2012
MANUAL ENTRIES CLOSE 5PM MONDAY 9 JANUARY, 2012
ONLINE ENTRIES CLOSE 3PM WEDNESDAY 11 JANUARY, 2012
ENTRY FEE \$6.50 PER INDIVIDUAL EVENT (GST INCLUSIVE)





Sprint Series

Heats - Various Venues State Wide

4 - 5 February 2012

Refer to the Speedo Sprint Series Poster for
Area Dates, Venues, Starting Times and Entry Conditions.
Entries must be forwarded to your Area, not Swimming NSW Ltd.

BOYS	GIRLS	AGE		STROKE
1	2	13 years	50m	Butterfly
3	4	12 years	50m	Butterfly
5	6	11 years	50m	Butterfly
7	8	10 years	50m	Butterfly
9	10	9 years	50m	Butterfly
11	12	8 years	50m	Butterfly
13	14	13 years	50m	Freestyle
15	16	12 years	50m	Freestyle
17	18	11 years	50m	Freestyle
19	20	10 years	50m	Freestyle
21	22	9 years	50m	Freestyle
23	24	8 years	50m	Freestyle
33	34	13 years	50m	Breaststroke
35	36	12 years	50m	Breaststroke
37	38	11 years	50m	Breaststroke
39	40	10 years	50m	Breaststroke
41	42	9 years	50m	Breaststroke
43	44	8 years	50m	Breaststroke
45	46	13 years	50m	Backstroke
47	48	12 years	50m	Backstroke
49	50	11 years	50m	Backstroke
51	52	10 years	50m	Backstroke
53	54	9 years	50m	Backstroke
55	56	8 years	50m	Backstroke

AGE AS AT 4 FEBRUARY, 2012

ENTRY FEE MAXIMUM \$5.00 PER EVENT (refer to the poster)

- State medal winners in the 2011-2012 summer season cannot compete in that stroke
- Swimmers do not need to be registered with a club to compete in the heats. However registration is a requirement to contest the finals.
- Up to six swimmers per event from each area are eligible to compete in the finals.

NOTE: Area relays (Events 25-32) will be conducted on the finals day, thus omitted from the Heats program. Relay teams to be selected from those swimmers who have qualified for the finals.

**NSW State Open Championships
Sydney Olympic Park Aquatic Centre
10-12 February 2012**

Day One HEATS Friday 10 February 9.00AM			Day One FINALS Friday 10 February 6.00PM		
1	Men's 400m Freestyle		1	Men's 400m Freestyle	
2	Women's 50m Butterfly		2	Women's 50m Butterfly	
3	Men's 200m Butterfly		3	Men's 200m Butterfly	
4	Women's 100m Breaststroke		4	Women's 100m Breaststroke	
101	Men's 200m MC Individual Medley	Timed Finals	103	Men's 50m MC Freestyle	Timed Finals
102	Women's 200m MC Individual Medley	Timed Finals	104	Women's 50m MC Freestyle	Timed Finals
5	Men's 50m Breaststroke		5	Men's 50m Breaststroke	
6	Women's 100m Freestyle		6	Women's 100m Freestyle	
7	Men's 100 Freestyle		7	Men's 100 Freestyle	
8	Women's 400 Individual Medley		8	Women's 400 Individual Medley	
9	Women's 200m Backstroke		9	Women's 200m Backstroke	
10	Men's 50m Backstroke		10	Men's 50m Backstroke	
*11	Women's 800m Freestyle	Timed Finals	*11	Women's 800m Freestyle	Timed Finals
			12	Women's 4x100m Club Medley Relay	Timed Finals
			13	Men's 4x100m Club Medley Relay	Timed Finals

* Fastest Heat to be swum in the Finals Session

MANUAL ENTRIES CLOSE 5PM MONDAY 30 JANUARY 2012

ONLINE ENTRIES CLOSE 3PM WEDNESDAY 1 FEBRUARY 2012

ENTRY FEE \$13.00 PER INDIVIDUAL EVENT \$26 PER RELAY EVENT (GST INCLUSIVE)

NOTE: 'B' Finals will be conducted for 50m, 100m, 200m and 400m events provided that twenty five (25) swimmers contest the heats of that event. Women's 800m Freestyle and Men's 1500 Freestyle will be swum as timed finals with the fastest heat swam in the finals session

**NSW State Open Championships
Sydney Olympic Park Aquatic Centre
10-12 February 2012**

Day Two HEATS Saturday 11 February 9.00AM			Day Two FINALS Saturday 11 February 6.00PM		
14	Women's 400m Freestyle		14	Women's 400m Freestyle	
15	Men's 50m Butterfly		15	Men's 50m Butterfly	
16	Women's 100m Butterfly		16	Women's 100m Butterfly	
105	Men's 100m MC Butterfly	Timed Finals	17	Men's 200m Backstroke	
106	Women's 100m MC Butterfly	Timed Finals	18	Women's 100m Backstroke	
17	Men's 200m Backstroke		19	Men's 100m Breaststroke	
18	Women's 100m Backstroke		109	Men's 100m MC Backstroke	Timed Finals
19	Men's 100m Breaststroke		110	Women's 100m MC Backstroke	Timed Finals
20	Women's 200m Breaststroke		20	Women's 200m Breaststroke	
21	Men's 200m Freestyle		21	Men's 200m Freestyle	
107	Men's 400m MC Freestyle	Timed Finals	22	Women's 50 Freestyle	
108	Women's 400m MC Freestyle	Timed Finals	23	Men's 200m Individual Medley	
22	Women's 50m Freestyle		24	Women's 4x200m Club Freestyle Relay	Timed Finals
23	Men's 200m Individual Medley		25	Men's 4x200m Club Freestyle Relay	Timed Finals

* Fastest Heat to be swum in the Finals Session

MANUAL ENTRIES CLOSE 5PM MONDAY 30 JANUARY 2012

ONLINE ENTRIES CLOSE 3PM WEDNESDAY 1 FEBRUARY 2012

ENTRY FEE \$13.00 PER INDIVIDUAL EVENT \$26 PER RELAY EVENT (GST INCLUSIVE)

NOTE: 'B' Finals will be conducted for 50m, 100m, 200m and 400m events provided that twenty five (25) swimmers contest the heats of that event. Women's 800m Freestyle and Men's 1500 Freestyle will be swum as timed finals with the fastest heat swam in the finals session

**NSW State Open Championships
Sydney Olympic Park Aquatic Centre
10-12 February 2012**

Day Three HEATS Sunday 12 February 9.00AM			Day Three FINALS Sunday 12 February 6.00PM		
26	Women's 200 Butterfly		26	Women's 200 Butterfly	
27	Men's 100m Butterfly		27	Men's 100m Butterfly	
28	Women's 50m Breaststroke		28	Women's 50m Breaststroke	
29	Men's 200m Breaststroke		29	Men's 200m Breaststroke	
111	Men's 100m MC Breaststroke	Timed Finals	113	Men's 100m MC Freestyle	Timed Finals
112	Women's 100m MC Breaststroke	Timed Finals	114	Women's 100m MC Freestyle	Timed Finals
30	Women's 200m Freestyle		30	Women's 200m Freestyle	
31	Men's 50m Freestyle		31	Men's 50m Freestyle	
32	Women's 200m Individual Medley		32	Women's 200m Individual Medley	
33	Men's 400m Individual Medley		33	Men's 400m Individual Medley	
34	Women's 50m Backstroke		34	Women's 50m Backstroke	
35	Men's 100m Backstroke		35	Men's 100m Backstroke	
*36	Men's 1500m Freestyle	Timed Finals	*36	Men's 1500m Freestyle	Timed Finals
			37	Women's 4x100 Club Freestyle Relay	Timed Finals
			38	Men's 4x100 Club Freestyle Relay	Timed Finals

* Fastest Heat to be swum in the Finals Session

MANUAL ENTRIES CLOSE 5PM MONDAY 30 JANUARY 2012

ONLINE ENTRIES CLOSE 3PM WEDNESDAY 1 FEBRUARY 2012

ENTRY FEE \$13.00 PER INDIVIDUAL EVENT \$26 PER RELAY EVENT (GST INCLUSIVE)

NOTE: 'B' Finals will be conducted for 50m, 100m, 200m and 400m events provided that twenty five (25) swimmers contest the heats of that event. Women's 800m Freestyle and Men's 1500 Freestyle will be swum as timed finals with the fastest heat swam in the finals session

**NSW State Open Championships
Sydney Olympic Park Aquatic Centre
10-12 February 2012**

QUALIFYING TIMES

MEN		WOMEN
FREESTYLE		
26.00	50m	28.80
55.50	100m	1:03.00
2:01.50	200m	2:14.00
4:20.50	400m	4:44.00
	800m	9:25.00
16:50.00	1500m	
BACKSTROKE		
30.50	50m	33.00
1:05.00	100m	1:12.00
2:19.00	200m	2:36.50
BREASTSTROKE		
33.50	50m	38.00
1:12.50	100m	1:23.00
2:37.00	200m	2:53.50
BUTTERFLY		
27.80	50m	31.60
1:01.00	100m	1:10.00
2:15.00	200m	2:35.00
INDIVIDUAL MEDLEY		
2:20.00	200m	2:34.50
4:57.00	400m	5:20.00
CLUB RELAYS		
3:58.00	4x100 F/S	4:22.00
8:35.00	4x200 F/S	9:18.00
4:26.00	4x100 Med	4:50.00

MANUAL ENTRIES CLOSE 5PM MONDAY 30 JANUARY 2012

ONLINE ENTRIES CLOSE 3PM WEDNESDAY 1 FEBRUARY 2012

ENTRY FEE \$13.00 PER INDIVIDUAL EVENT \$26 PER RELAY EVENT (GST INCLUSIVE)

- A swimmer may only appear in one (1) relay team list for that event.
- A club may enter no more than two (2) teams per relay event.
- Where a club enters two (2) teams both teams may score points provided the qualifying time has been met.

NSW State Open Championships Multi-Class Qualifying Times

Women	50m Free	100m Free	400m Free	50m Back	100m Back	50m Fly	100m Fly		50m Breast	100m Breast		200m IM
S1	2:07.08	4:30.00		2:05.00	4:31.65			SB1	2:35.40			
S2	1:52.82	4:04.70		2:01.20	4:56.25			SB2	1:52.50			
S3	1:29.60	3:05.30		1:32.10	3:18.00	1:41.50		SB3	1:23.70	3:13.80		
S4	58.65	2:14.70		1:13.30	2:48.50	1:25.80		SB4	1:20.80	2:51.20		
S5	54.40	1:58.10		1:03.95	2:40.00	1:00.70		SB5	1:14.65	2:45.90	SM5	4:49.50
S6	53.82	1:59.10	9:03.40	1:17.30	2:12.50	58.50	2:35.00	SB6	1:11.30	2:36.30	SM6	4:58.70
S7	51.90	1:51.50	8:43.25	1:04.70	2:08.20	57.60	2:09.70	SB7	1:07.80	2:22.90	SM7	4:50.10
S8	47.60	1:43.00	7:37.40	59.80	1:57.50	59.35	2:03.10	SB8	1:07.60	2:02.00	SM8	4:27.30
S9	44.05	1:33.80	7:16.90	55.45	1:45.20	50.30	1:51.20	SB9	1:05.20	1:55.00	SM9	4:04.60
S10	42.55	1:32.20	7:00.00	54.40	1:50.75	54.90	1:42.90				SM10	3:49.70
S11	49.35	1:47.00	8:04.40	57.80	2:03.20	56.80	2:00.20	SB11	1:02.30	2:14.10	SM11	4:26.00
S12	42.10	1:29.72	7:18.40	52.80	1:44.50	47.50	1:41.00	SB12	59.10	2:06.70	SM12	3:47.90
S13	40.95	1:29.50	6:55.00	54.40	1:43.60	47.40	1:38.60	SB13	57.20	1:55.20	SM13	3:38.60
S14	43.25	1:33.30	7:06.40	48.68	1:44.30	46.50	1:44.20	SB14	55.30	2:02.00	SM14	3:49.30
S15	40.95	1:28.90	6:40.70	51.90	1:42.50	46.20	1:37.80	SB15	55.30	1:51.70	SM15	3:38.30
S16	47.40	1:46.30	8:43.70	56.35	2:24.00	52.00	1:48.30	SB16	1:05.70	2:24.20	SM16	4:43.70

Men	50m Free	100m Free	400m Free	50m Back	100m Back	50m Fly	100m Fly		50m Breast	100m Breast		200m IM
S1	1:43.20	3:48.30		2:01.40	4:48.50			SB1	2:19.80	5:24.40		
S2	1:29.82	3:15.20		1:41.70	3:19.20			SB2	1:28.10	3:19.40		
S3	1:09.90	2:38.80		1:18.80	3:05.70	1:33.30		SB3	1:13.70	2:52.70		
S4	56.80	2:04.40		1:08.70	2:31.90	1:10.30		SB4	1:20.80	2:25.40		
S5	49.35	1:53.60		56.80	2:23.50	58.90		SB5	1:03.60	2:16.00	SM5	4:38.60
S6	46.50	1:41.80	7:59.90	55.80	1:56.60	48.80	1:53.60	SB6	1:06.10	2:16.40	SM6	4:13.60
S7	42.80	1:33.50	7:19.50	53.40	1:52.50	49.80	1:56.30	SB7	58.80	2:05.60	SM7	4:07.80
S8	41.10	1:29.60	7:03.10	52.20	1:43.60	47.80	1:40.10	SB8	55.30	1:47.30	SM8	3:46.80
S9	39.45	1:27.60	6:37.20	49.80	1:37.20	46.20	1:36.30	SB9	50.40	1:49.90	SM9	3:33.70
S10	36.95	1:20.30	6:05.10	45.80	1:31.90	40.40	1:29.10				SM10	3:22.90
S11	38.80	1:24.80	6:29.80	50.30	1:43.50	50.30	1:35.00	SB11	51.90	1:48.10	SM11	3:33.80
S12	37.85	1:24.10	6:22.80	45.50	1:35.70	41.50	1:28.20	SB12	49.30	1:44.80	SM12	3:29.60
S13	36.90	1:22.20	6:23.10	45.40	1:35.30	43.40	1:30.50	SB13	47.50	1:41.80	SM13	3:28.80
S14	37.85	1:22.70	6:35.30	45.90	1:35.30	40.70	1:30.30	SB14	45.30	1:39.20	SM14	3:26.40
S15	35.55	1:18.70	5:48.90	42.00	1:28.80	39.20	1:26.10	SB15	46.50	1:34.30	SM15	3:04.30
S16	41.30	1:32.30	8:11.30	49.35	1:51.40	43.80	2:20.00	SB16	50.80	1:59.60	SM16	4:06.70



**COURTYARD BY MARRIOTT NORTH RYDE
NSW COUNTRY CHAMPIONSHIPS
SYDNEY OLYMPIC PARK AQUATIC CENTRE
25-26 FEBRUARY 2012**

SYDNEY-NORTH RYDE

Session 1				
Saturday 25 February 9.00am				
M	F			
1	2	12yrs/U	400m	Freestyle
3	4	15yrs/O	400m	Freestyle
5	6	12yrs/U	200m	Breaststroke
7	8	13/14yrs	200m	Backstroke
9	10	15yrs/O	100m	Butterfly
11	12	11yrs	100m	Butterfly
13	14	12yrs	100m	Butterfly
15	16	10yrs/U	50m	Freestyle
17	18	11/12yrs	50m	Freestyle
19	20	13/14yrs	50m	Freestyle
21	22	15yrs/O	50m	Freestyle
23	24	Open MC	50m	Freestyle
25	26	13yrs	100m	Butterfly
27	28	14yrs	100m	Butterfly
29	30	10yrs/U	100m	Butterfly
31	32	12yrs/U	200m	Backstroke
33		Open	1500m	Freestyle

Session 2				
Saturday 25 February, Not Before 12:30pm				
M	F			
35	36	14yrs/U	400m	Ind Medley
37	38	15yrs/O	200m	Ind Medley
39	40	10yrs/U	100m	Backstroke
41	42	11yrs	100m	Backstroke
43	44	12yrs	100m	Backstroke
45	46	13/14yrs	200m	Butterfly
47	48	11yrs/U	50m	Breaststroke
49	50	Open	50m	Breaststroke
51	52	Open MC	50m	Breaststroke
53	54	12yrs/U	200m	Freestyle
55	56	15yrs/O	200m	Butterfly
57	58	13yrs	100m	Backstroke
59	60	14yrs	100m	Backstroke
61	62	15yrs/O	100m	Backstroke
63	64	12yrs/U	4x50m	Freestyle Relay
65	66	13/14yrs	4x50m	Freestyle Relay
67	68	15yrs/O	4x100m	Medley Relay

Session 3				
Sunday 26 February 9:00am				
M	F			
69	70	15yrs/O	400m	Ind Medley
71	72	13/14yrs	200m	Ind Medley
73	74	10yrs/U	100m	Breaststroke
75	76	11yrs	100m	Breaststroke
77	78	12yrs	100m	Breaststroke
79	80	15yrs/O	200m	Freestyle
81	82	13/14yrs	200m	Freestyle
83	84	11yrs/U	50m	Backstroke
85	86	Open	50m	Backstroke
87	88	Open MC	50m	Backstroke
89	90	14yrs	100m	Breaststroke
91	92	15yrs/O	100m	Breaststroke
93	94	13yrs	100m	Breaststroke
95	96	12yrs/U	200m	Butterfly
	98	Open	800m	Freestyle
99	100	13/14yrs	4x50m	Medley Relay

Session 4				
Sunday 26 February, Not Before 12:30pm				
M	F			
101	102	15yrs/O	4x100m	Freestyle Relay
103	104	12yrs/U	4x50m	Medley Relay
105	106	13/14yrs	400m	Freestyle
107	108	15yrs/O	200m	Breaststroke
109	110	10yrs/U	100m	Freestyle
111	112	11yrs	100m	Freestyle
113	114	12yrs	100m	Freestyle
115	116	15yrs/O	100m	Freestyle
117	118	13/14yrs	200m	Breaststroke
119	120	12yrs/U	200m	Ind Medley
121	122	Open	50m	Butterfly
123	124	Open MC	50m	Butterfly
125	126	11yrs/U	50m	Butterfly
127	128	13yrs	100m	Freestyle
129	130	14yrs	100m	Freestyle
131	132	15yrs/O	200m	Backstroke

AGE AS AT 25 FEBRUARY, 2012

MANUAL ENTRIES CLOSE 5PM MONDAY 13 FEBRUARY, 2012

ONLINE ENTRIES CLOSE 3PM WEDNESDAY 15 FEBRUARY, 2012

ENTRY FEE \$13.00 PER INDIVIDUAL EVENT \$26 PER RELAY EVENT (GST INCLUSIVE)

NOTE: MULTI CLASS EVENTS ARE CHAMPIONSHIP EVENTS QUALIFYING TIMES APPLY



**COURTYARD BY MARRIOTT NORTH RYDE
NSW COUNTRY CHAMPIONSHIPS
SYDNEY OLYMPIC PARK AQUATIC CENTRE
25-26 FEBRUARY 2012**

SYDNEY-NORTH RYDE

Qualifying Times – Men & Boys

		Open	15yrs & Over	14yrs	13yrs	12yrs	11yrs	10/U
Freestyle	50m		27.00	13/14yrs 29.00		11/12yrs 32.30		35.50
	100m		1:00.50	1:03.50	1:05.70	1:11.00	1:13.00	1:19.00
	200m		2:10.50	13/14yrs 2:18.50		12yrs/U 2:28.00		
	400m		4:35.00	13/14yrs 4:48.00		12yrs/U 5:00.00		
	1500m		17:30.0					
Backstroke	50m	32.10						11yrs/U 41.00
	100m		1:13.00	1:15.60	1:16.80	1:23.50	1:26.00	1:29.00
	200m		2:32.00	13/14yrs 2:42.40		12yrs/U 2:50.00		
Breaststroke	50m	35.30						11yrs/U 47.10
	100m		1:21.50	1:26.50	1:27.50	1:38.00	1:39.00	1:45.00
	200m		2:53.50	13/14yrs 3:01.00		12yrs/ U 3:15.00		
Butterfly	50m	30.00						11yrs/U 39.00
	100m		1:09.00	1:13.00	1:16.00	1:23.00	1:28.00	1:36.00
	200m		2:32.00	13/14yrs 2:43.50		12yrs/U 2:52.00		
Individual Medley	200m		2:32.00	13/14yrs 2:39.00		12yrs/U 2:50.00		
	400m		5:18.10	14yrs/U 5:30.00				
Relays	4x50m Free			13/14yrs 2:03.00		12yrs/U 2:15.00		
	4x50m Medley			13/14yrs 2:25.50		12yrs/U 2:40.50		
	4x100m Free		4:02.00					
	4x100m Medley		4:45.00					

AGE AS AT 25 FEBRUARY, 2012

MANUAL ENTRIES CLOSE 5PM MONDAY 13 FEBRUARY, 2012

ONLINE ENTRIES CLOSE 3PM WEDNESDAY 15 FEBRUARY, 2012

ENTRY FEE \$13.00 PER INDIVIDUAL EVENT \$26 PER RELAY EVENT (GST INCLUSIVE)

NOTE: MULTI CLASS EVENTS ARE CHAMPIONSHIP EVENTS QUALIFYING TIMES APPLY



SYDNEY-NORTH RYDE

**COURTYARD BY MARRIOTT NORTH RYDE
NSW COUNTRY CHAMPIONSHIPS
SYDNEY OLYMPIC PARK AQUATIC CENTRE
25-26 FEBRUARY 2012**

Qualifying Times – Women & Girls

		Open	15yrs & Over	14yrs	13yrs	12yrs	11yrs	10/U
Freestyle	50m		30.00	13/14yrs 31.00		11/12yrs 33.50		36.20
	100m		1:07.00	1:07.50	1:09.30	1:11.00	1:14.50	1:20.00
	200m		2:18.90	13/14yrs 2:24.50		12yrs/U 2:31.00		
	400m		4:52.00	13/14yrs 5:04.00		12yrs/U 5:12.00		
	800m		10:00.00					
Backstroke	50m	35.10					11yrs/U 41.50	
	100m		1:18.50	1:19.50	1:21.00	1:23.50	1:25.50	1:30.50
	200m		2:41.00	13/14yrs 2:43.90		12yrs/U 2:52.40		
Breaststroke	50m	40.00					11yrs/U 47.50	
	100m		1:27.50	1:30.00	1:31.00	1:37.00	1:38.00	1:46.00
	200m		3:02.50	13/14yrs 3:08.00		12yrs/U 3:17.50		
Butterfly	50m	33.00					11yrs/U 39.00	
	100m		1:16.50	1:17.50	1:19.00	1:23.00	1:29.50	1:36.00
	200m		2:43.50	13/14yrs 2:48.00		12yrs/U 3:00.00		
Individual Medley	200m		2:41.60	13/14yrs 2:43.50		12yrs/U 2:50.00		
	400m		5:35.60	14yrs/U 5:50.00				
Relays	4x50m Free				13/14yrs 2:08.00		12yrs/U 2:17.00	
	4x50m Medley				13/14yrs 2:32.00		12yrs/U 2:49.00	
	4x100m Free		4:26.00					
	4x100m Medley		5:08.00					

AGE AS AT 25 FEBRUARY, 2012

MANUAL ENTRIES CLOSE 5PM MONDAY 13 FEBRUARY, 2012

ONLINE ENTRIES CLOSE 3PM WEDNESDAY 15 FEBRUARY, 2012

ENTRY FEE \$13.00 PER INDIVIDUAL EVENT \$26 PER RELAY EVENT (GST INCLUSIVE)

NOTE: MULTI CLASS EVENTS ARE CHAMPIONSHIP EVENTS QUALIFYING TIMES APPLY



**COURTYARD BY MARRIOTT NORTH RYDE
NSW COUNTRY CHAMPIONSHIPS
SYDNEY OLYMPIC PARK AQUATIC CENTRE
25-26 FEBRUARY 2012**

SYDNEY-NORTH RYDE

Multi Classification Qualifying Times

WOMEN					
	FREE	BACK	FLY		BREAST
S1	2:13.81	2:18.14		SB1	2:54.53
S2	2:06.76	2:12.14		SB2	2:06.32
S3	1:37.70	1:43.56	1:38.84	SB3	1:34.40
S4	1:05.91	1:22.20	1:34.68	SB4	1:31.03
S5	1:01.17	1:08.60	1:08.16	SB5	1:20.83
S6	56.19	1:12.57	1:01.03	SB6	1:13.24
S7	52.67	1:02.47	58.28	SB7	1:10.77
S8	49.14	1:00.37	56.56	SB8	1:01.11
S9	45.78	52.94	52.50	SB9	1:00.17
S10	44.35	56.78	54.33		
S11	54.29	1:04.63	1:01.05	SB11	1:09.89
S12	43.71	52.45	49.59	SB12	1:01.28
S13	42.69	53.65	48.93	SB13	57.50
S14	45.16	50.79	48.42	SB14	57.41
S15	42.73	50.40	47.65	SB15	55.73
S16	49.44	57.00	53.04	SB16	1:07.32
MEN					
	FREE	BACK	FLY		BREAST
S1	1:49.73	2:16.77	3:18.48	SB1	2:37.08
S2	1:40.97	1:48.36	2:55.88	SB2	1:34.52
S3	1:16.69	1:28.57	1:43.48	SB3	1:22.83
S4	59.12	1:16.82	1:15.79	SB4	1:18.44
S5	54.79	1:01.73	1:02.82	SB5	1:10.89
S6	48.02	57.05	50.70	SB6	1:04.03
S7	44.57	55.62	48.86	SB7	1:00.57
S8	41.85	52.56	46.81	SB8	56.46
S9	40.76	48.90	45.74	SB9	52.25
S10	36.54	46.26	42.07		
S11	43.60	54.27	52.61	SB11	58.27
S12	38.68	47.19	43.41	SB12	51.42
S13	38.47	45.63	42.64	SB13	49.59
S14	39.44	47.47	42.37	SB14	47.24
S15	37.22	43.51	40.57	SB15	45.79
S16	43.08	51.36	45.48	SB16	53.04

AGE AS AT 25 FEBRUARY, 2012

MANUAL ENTRIES CLOSE 5PM MONDAY 13 FEBRUARY, 2012

ONLINE ENTRIES CLOSE 3PM WEDNESDAY 15 FEBRUARY, 2012

ENTRY FEE \$13.00 PER INDIVIDUAL EVENT \$26 PER RELAY EVENT (GST INCLUSIVE)

NOTE: MULTI CLASS EVENTS ARE CHAMPIONSHIP EVENTS QUALIFYING TIMES APPLY



**SCU NSW METROPOLITAN CHAMPIONSHIPS
 SYDNEY OLYMPIC PARK AQUATIC CENTRE
 3 - 4 MARCH 2012**

Session One					Session Two				
Saturday 3 March 9.00AM					Saturday 3 March NOT BEFORE 12.30PM				
M	W				M	W			
1	2	14/15 Years	200m	Butterfly	29	30	Open	50m	Butterfly
3	4	16 Years/Over	200m	Butterfly	31	32	13 Years/Under	200m	Butterfly
5	6	14 Years	100m	Breaststroke	33	34	14/15 Years	200m	Freestyle
7	8	15 Years	100m	Breaststroke	35	36	16 Years/Over	200m	Freestyle
9	10	16 Years/Over	100m	Breaststroke	37	38	Open MC	50m	Breaststroke
11	12	14 Years	100m	Backstroke	39	40	13 Years/Under	200m	Backstroke
13	14	15 Years	100m	Backstroke	41	42	10 Years/Under	100m	Breaststroke
15	16	16 Years/Over	100m	Backstroke	43	44	11 Years	100m	Breaststroke
17	18	Open	50m	Freestyle	45	46	12 Years	100m	Breaststroke
19	20	13 Years/Under	200m	Individual Medley	47	48	13 Years	100m	Breaststroke
21	22	14/15 Years	200m	Individual Medley	49	50	10 Years/Under	100m	Freestyle
23	24	16 Years/Over	200m	Individual Medley	51	52	11 Years	100m	Freestyle
25	26	Open MC	50m	Freestyle	53	54	12 Years	100m	Freestyle
27		Open	1500m	Freestyle	55	56	13 Years	100m	Freestyle
	28	Open	800m	Freestyle					

Session Three					Session Four				
Sunday 4 March 9.00AM					Sunday 4 March NOT BEFORE 12:30PM				
M	W				M	W			
57	58	14/15 Years	400m	Freestyle	85	86	14/15 Years	400m	Individual Medley
59	60	16 Years/Over	400m	Freestyle	87	88	16 Years/Over	400m	Individual Medley
61	62	14 Years	100m	Butterfly	89	90	Open MC	50m	Butterfly
63	64	15 Years	100m	Butterfly	91	92	Open	50m	Backstroke
65	66	16 Years/Over	100m	Butterfly	93	94	13 Years/Under	200m	Freestyle
67	68	13 Years/Under	200m	Breaststroke	95	96	14/15 Years	200m	Breaststroke
69	70	14/15 Years	200m	Backstroke	97	98	16 Years/Over	200m	Breaststroke
71	72	16 Years/Over	200m	Backstroke	99	100	10 Years/Under	100m	Backstroke
73	74	13 Years/Under	400m	Freestyle	101	102	11 Years	100m	Backstroke
75	76	Open	50m	Breaststroke	103	104	12 Years	100m	Backstroke
77	78	14 Years	100m	Freestyle	105	106	13 Years	100m	Backstroke
79	80	Open MC	50m	Backstroke	107	108	10 Years/Under	100m	Butterfly
81	82	15 Years	100m	Freestyle	109	110	11 Years	100m	Butterfly
83	84	16 Years/Over	100m	Freestyle	111	112	12 Years	100m	Butterfly
					113	114	13 Years	100m	Butterfly

AGE AS AT 3 MARCH 2012

MANUAL ENTRIES CLOSE 5PM MONDAY 20 FEBRUARY, 2012

ONLINE ENTRIES CLOSE 3PM WEDNESDAY 22 FEBRUARY, 2012

ENTRY FEE \$13.00 PER INDIVIDUAL EVENT (GST INCLUSIVE)

NOTE: MULTI CLASS EVENTS ARE CHAMPIONSHIP EVENTS QUALIFYING TIMES APPLY



**SCU NSW METROPOLITAN CHAMPIONSHIPS
 SYDNEY OLYMPIC PARK AQUATIC CENTRE
 3 - 4 MARCH 2012**

Qualifying Times – Men & Boys

FREESTYLE		Open	16yrs/Over	15yrs	14yrs	13yrs	12yrs	11yrs	10yrs/Under
	50m	0:26.00							
	100m		0:57.00	1:00.00	1:00.50	1:03.50	1:08.00	1:11.50	1:15.00
			16yrs/Over	14/15yrs		13yrs/Under			
	200m		2:06.00	2:11.50		2:19.00			
	400m		4:31.00	4:35.00		4:55.00			
	1500m	17:30.00							
BACKSTROKE	50m	0:31.50							
	100m		1:07.50	1:12.00	1:12.50	1:15.00	1:19.50	1:23.00	1:28.00
			16yrs/Over	14/15yrs		13yrs/Under			
	200m		2:29.00	2:31.00		2:43.00			
BREASTSTROKE	50m	0:34.50							
	100m		1:18.00	1:23.00	1:22.00	1:25.50	1:30.00	1:37.50	1:42.00
			16yrs/Over	14/15yrs		13yrs/Under			
	200m		2:52.00	2:55.00		3:05.00			
BUTTERFLY	50m	0:28.50							
	100m		1:04.00	1:09.00	1:09.50	1:13.50	1:19.50	1:25.50	1:32.00
			16yrs/Over	14/15yrs		13yrs/Under			
	200m		2:28.50	2:37.00		2:50.00			
INDIVIDUAL MEDLEY			16yrs/Over	14/15yrs		13yrs/Under			
	200m		2:28.00	2:29.00		2:40.00			
	400m		5:15.00	5:17.00					

AGE AS AT 3 MARCH 2012

MANUAL ENTRIES CLOSE 5PM MONDAY 20 FEBRUARY, 2012

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**SCU NSW METROPOLITAN CHAMPIONSHIPS
 SYDNEY OLYMPIC PARK AQUATIC CENTRE
 3 – 4 MARCH 2012**

Qualifying Times – Women & Girls

FREESTYLE		Open	16yrs/Over	15yrs	14yrs	13yrs	12yrs	11yrs	10yrs/Under
	50m	0:29.00							
	100m		1:04.00	1:05.00	1:05.00	1:06.00	1:07.50	1:12.00	1:16.50
			16yrs/Over	14/15yrs		13yrs/Under			
	200m		2:19.50	2:19.50		2:22.00			
	400m		4:52.00	4:56.00		5:03.00			
	800m	9:45.00							
BACKSTROKE	50m	0:34.00							
	100m		1:15.50	1:17.00	1:16.50	1:17.00	1:19.50	1:23.00	1:29.00
			16yrs/Over	14/15yrs		13yrs/Under			
	200m		2:42.00	2:41.00		2:43.00			
BREASTSTROKE	50m	0:38.50							
	100m		1:27.50	1:28.50	1:28.50	1:30.00	1:31.00	1:37.50	1:42.00
			16yrs/Over	14/15yrs		13yrs/Under			
	200m		3:07.00	3:07.00		3:09.00			
BUTTERFLY	50m	0:31.50							
	100m		1:14.00	1:15.50	1:15.50	1:17.50	1:19.00	1:26.00	1:34.00
			16yrs/Over	14/15yrs		13yrs/Under			
	200m		2:45.00	2:48.00		2:53.00			
INDIVIDUAL MEDLEY			16yrs/Over	14/15yrs		13yrs/Under			
	200m		2:42.00	2:40.00		2:42.00			
	400m		5:40.00	5:45.50					

AGE AS AT 3 MARCH 2012

MANUAL ENTRIES CLOSE 5PM MONDAY 20 FEBRUARY, 2012

ONLINE ENTRIES CLOSE 3PM WEDNESDAY 22 FEBRUARY, 2012

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NOTE: MULTI CLASS EVENTS ARE CHAMPIONSHIP EVENTS QUALIFYING TIMES APPLY



SCU
NSW METROPOLITAN CHAMPIONSHIPS
SYDNEY OLYMPIC PARK AQUATIC CENTRE
3 – 4 MARCH 2012

Qualifying Times- Multi-Class

MEN & BOYS					
	Freestyle	Backstroke	Butterfly		Breaststroke
S1	01:49.7	02:16.8	03:18.5	SB1	02:37.1
S2	01:41.0	01:48.4	02:55.9	SB2	01:34.5
S3	01:16.7	01:28.6	01:43.5	SB3	01:22.8
S4	00:59.1	01:16.8	01:15.8	SB4	01:18.4
S5	00:54.8	01:01.7	01:02.8	SB5	01:10.9
S6	00:48.0	00:57.1	00:50.7	SB6	01:04.0
S7	00:44.6	00:55.6	00:48.9	SB7	01:00.6
S8	00:41.8	00:52.6	00:46.8	SB8	00:56.5
S9	00:40.8	00:48.9	00:45.7	SB9	00:52.3
S10	00:36.5	00:46.3	00:42.1		
S11	00:43.6	00:54.3	00:52.6	SB11	00:58.3
S12	00:38.7	00:47.2	00:43.4	SB12	00:51.4
S13	00:38.5	00:45.6	00:42.6	SB13	00:49.6
S14	00:39.4	00:47.5	00:42.4	SB14	00:47.2
S15	00:37.2	00:43.5	00:40.6	SB15	00:45.8
S16	00:43.1	00:51.4	00:45.5	SB16	00:53.0
WOMEN & GIRLS					
	Freestyle	Backstroke	Butterfly		Breaststroke
S1	02:13.8	02:18.1		SB1	02:54.5
S2	02:06.8	02:12.1		SB2	02:06.3
S3	01:37.7	01:43.6	01:38.8	SB3	01:34.4
S4	01:05.9	01:22.2	01:34.7	SB4	01:31.0
S5	01:01.2	01:08.6	01:08.2	SB5	01:20.8
S6	00:56.2	01:12.6	1:01.03	SB6	01:13.2
S7	00:52.7	01:02.5	00:58.3	SB7	01:10.8
S8	00:49.1	01:00.4	00:56.6	SB8	01:01.1
S9	00:45.8	00:52.9	00:52.5	SB9	01:00.2
S10	00:44.3	00:56.8	00:54.3		
S11	00:54.3	01:04.6	01:01.0	SB11	01:09.9
S12	00:43.7	00:52.5	00:49.6	SB12	01:01.3
S13	00:42.7	00:53.6	00:48.9	SB13	00:57.5
S14	00:45.2	00:50.8	00:48.4	SB14	00:57.4
S15	00:42.7	00:50.4	00:47.7	SB15	00:55.7
S16	00:49.4	00:57.0	00:53.0	SB16	01:07.3

AGE AS AT 3 MARCH 2012

MANUAL ENTRIES CLOSE 5PM MONDAY 20 FEBRUARY, 2012

ONLINE ENTRIES CLOSE 3PM WEDNESDAY 22 FEBRUARY, 2012

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Sprint Series Finals

Sydney Olympic Park Aquatic Centre

11 March 2012

Sunday 11 March 9:00am				
BOYS	GIRLS	AGE		STROKE
1	2	13 years	50m	Butterfly
3	4	12 years	50m	Butterfly
5	6	11 years	50m	Butterfly
7	8	10 years	50m	Butterfly
9	10	9 years	50m	Butterfly
11	12	8 years	50m	Butterfly
13	14	13 years	50m	Freestyle
15	16	12 years	50m	Freestyle
17	18	11 years	50m	Freestyle
19	20	10 years	50m	Freestyle
21	22	9 years	50m	Freestyle
23	24	8 years	50m	Freestyle
25	26	8 – 10 Years	4x50m	Freestyle Area Relay
27	28	13 Years/Under	4x50m	Freestyle Area Relay
29	30	8 –10 Years	4x50m	Medley Area Relay
31	32	13 Years/Under	4x50m	Medley Area Relay
33	34	13 years	50m	Breaststroke
35	36	12 years	50m	Breaststroke
37	38	11 years	50m	Breaststroke
39	40	10 years	50m	Breaststroke
41	42	9 years	50m	Breaststroke
43	44	8 years	50m	Breaststroke
45	46	13 years	50m	Backstroke
47	48	12 years	50m	Backstroke
49	50	11 years	50m	Backstroke
51	52	10 years	50m	Backstroke
53	54	9 years	50m	Backstroke
55	56	8 years	50m	Backstroke

AGE AS AT 4 FEBRUARY, 2012

- Up to six swimmers per event from each area are eligible to compete in the finals.
- Swimmers must have competed at their Area Heats.
- All swimmers that contest the finals must be registered with Swimming NSW Ltd.
- Area Relay teams must comprise the Area swimmers eligible to swim the Finals.
- Up to two Area relay teams per age group are eligible to compete in the finals.
- Swimmers must swim in one age group only for events 25-32.